

FOUNDATION OF ORTHOPEDICS  
AND COMPLEX SPINE

ANNUAL REPORT 2011-2012

# FOCOS



TURNING COMPASSION INTO ACTION

# BOARD AND COMMITTEES

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# PRESIDENT'S MESSAGE

**2011** was a critical, special year for FOCOS. Three trips total were made to Ghana in March, August, and November. Visiting teams of volunteers continued to operate at the Korle Bu Teaching Hospital in Accra and performed 175 complex spine procedures and over 50 total joint arthroplasties. FOCOS continued the collaborative efforts established with our Ghanaian medical professionals and worked together as one team. However, operating at Korle Bu Hospital continued to be a challenge. Loads of medical equipment and supplies were shipped to the hospital concurrently with each mission, creating additional burden in an already difficult circumstance. As the number of patients increased, the need for our own permanent facility became more apparent.

In June 2011, the outpatient clinic at the new hospital in Pantang, a suburb of Accra, opened its doors to patients. The staff from the old FOCOS Watson House Clinic moved offices to the new location. While running clinics, staff members were able to provide on-site supervision of ongoing construction work.

During the November 2011 mission trip to Ghana, FOCOS paid a courtesy call to the late President John Attah Mills at his Castle Office in Accra. We briefed His Excellency on the state of the organization and the hospital project and thanked him for the support received in the form of grants and customs duty waivers at the ports and airports. The President kindly expressed his appreciation for our work and challenged other Ghanaians in the diaspora to emulate FOCOS. He asked them to come back to their roots and help the country in their respective areas of specialization, whether health related or not. He alluded to the brain drain, of which Ghana is a victim, in developing nations and appealed to Ghanaians abroad to reverse it by joining the capacity building and nation's development agenda.

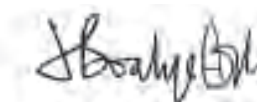
The FOCOS USA Board of Directors approved a budget of \$3 million for the acquisition of medical and surgical equipment and supplies for the new hospital. FOCOS nurse/volunteer Mazza Chin Ng and I traveled to several cities in the USA to visit manufacturers, vendors, and auction houses and purchased needed equipment and supplies. About 15 containers had been shipped to Ghana by the end of 2011.

By December 2011, we were poised to enter the rest of the new hospital facility, with plans to open the surgical suites and support services in radiology, laboratory, and pharmacy. The first elective surgical procedures that will usher in the new FOCOS era and milestone are scheduled for the February 2012 trip.

The 2011 year accomplished and ended with renewed hope that our permanent, free-standing institution will provide a base for FOCOS operations and deliver orthopedic care, diagnostic services, training and education for medical and non-medical personnel, and professional development for medical specialists in Ghana and beyond its borders.

Much appreciation goes to our local staff at the hospital, the construction engineers, the Ghana Board of Directors under the leadership of Ambassador Fritz Poku, the USA Board of Directors, the volunteers from Hospital for Special Surgery and other parts of the world, and most importantly, the FOCOS donors and benefactors who have believed in our dream to help the world walk tall again.

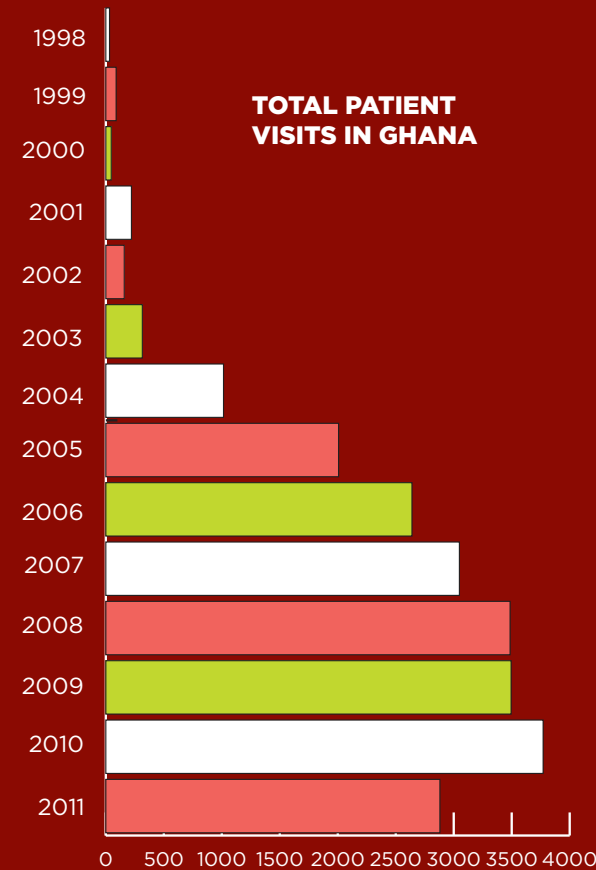
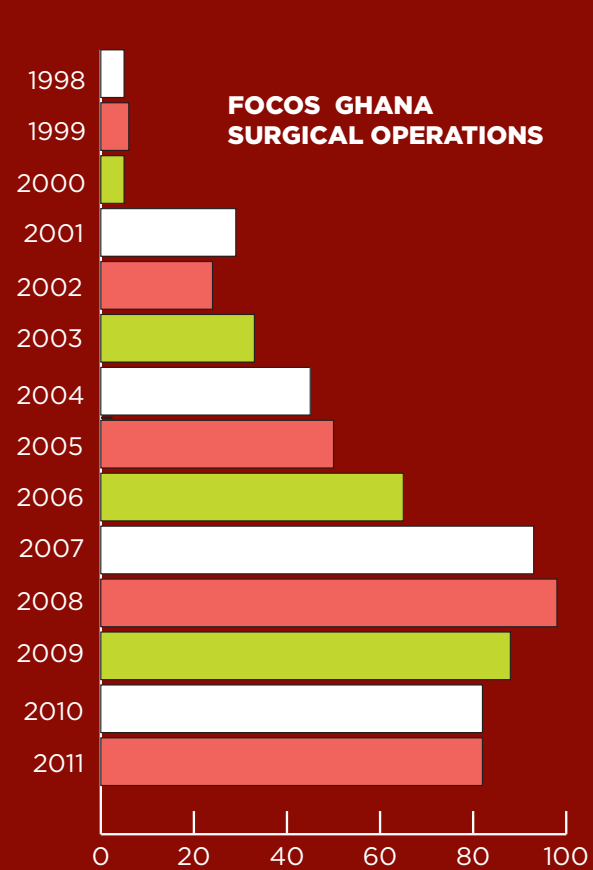
Thank you for your help and support.



Oheneba Boachie-Adjei, MD  
FOCOS President and Founder



# FOCOS BY THE NUMBERS



## 2011 WHERE THE FUNDS GO



## WHERE DOES OUR FUNDING COME FROM?



## AT A GLANCE

- 1 - 77** age range of patients in Ghana
- 6** gifts of **\$100,000** or more in 2011
- 32** surgical mission trips in 3 locations - Barbados, Ghana, and Trinidad
- Over **700** operations have been conducted by the FOCOS Team
- 1998** Founded
- \$18,000** estimated cost of one spine surgery in Ghana
- Over **22,000** patients have been treated by FOCOS team members
- \$27,337** raised by YFF events in 2011
- \$100,000 +** estimated cost of one spine surgery in the United States
- Over **70** local residents employed in Ghana



## GHANA ADMINISTRATIVE REPORT

**Leticia Osei-Poku, Chief Administrative Manager, FOCOS Hospital**

The FOCOS Orthopedic Hospital began operations in July 2011. As the clinic upgraded to a hospital, a reorganization of management was needed to meet new standards and requirements. Consequently, a

robust administrative body has emerged to oversee all operations of the hospital and to maximize patient care and professional expertise.

### The main operational sections of the hospital are:

**Administration:** Handles the day to day functions of the hospital and has direct oversight of Human Resources, Environmental Services, Laundry and Kitchen, and Property. The Chief Administrative Manager is also responsible for handling the external affairs and governmental and community relations of the hospital.

**Finance Department:** Provides accounting and financial services. This department oversees the Materials and Inventory Unit, Information Technology, and Business Services (billing & collections).

**Medical Directorate and Clinical Services:** Responsible for medical issues and clinical procedures and policies. This section includes Nursing, Clinical Support Services (Physiotherapy, Pharmacy), and Allied Health Services (Laboratory, Radiology).

**Out-Patient Department (OPD):** The OPD director manages the work of the department and the Emergency/Urgent Care Unit. It is the face of the hospital, bringing in significant business. Due to its importance, it is organized in a manner to ensure maximum quality care and patient satisfaction.

## USA ADMINISTRATIVE REPORT

**Barbara Spiegler, FOCOS Administrator, New York**

Joining the FOCOS team in 2011 has allowed me to witness and appreciate the organization's growth and development. It was challenging and exciting to come on board as the FOCOS Hospital OPD opened and as the Foundation prepares for the opening of the surgical block.

In 2011, our office oversaw mission trips to Ghana and Barbados. We worked with dedicated volunteers and helped coordinate alongside the Ghana team. Many volunteers were FOCOS veterans, but we also saw several new faces who were excited to explore the FOCOS experience for the first time. Each one of the volunteers brought expertise in his or her field, assisting and mentoring the growing staff in Ghana.

The generosity of the FOCOS community has been overwhelming. Our donors, who have generously given money, equipment, materials, time, and experience, are enthusiastic about our cause. They have touched us with their passion for the patients whose lives they have impacted.

All of us at FOCOS thank you for your ongoing support in making 2011 such a wonderful year. We look forward to the growth of the Foundation and the FOCOS Hospital in the year come.

# ADMINISTRATIVE REPORTS

# ROAD TO COMPLETION

- June 2008** —FOCOS acquires 10 acre plot for hospital
- December 2008** —Agreement signed between FOCOS and contractors, China State Construction Company
- January 2009** —Contractors moved to Pantang site to commence construction
- October 2010** —FOCOS takes over project and establishes road map for completion
- July 2011** —FOCOS moves from Watson House Clinic to hospital site and opens the Out-Patient Department
- February 2012** —Opening of Surgical Block and Patient Wards
- April 2012** —Grand opening of FOCOS Orthopedic Hospital in Ghana



## CORPORATE SPONSORS

- |  |                                    |
|--|------------------------------------|
| Africa Surgery, Inc                          | MedShare                           |
| American Jewish Joint Distribution Committee | Medtronic, Inc                     |
| Biomet, Inc                                  | Next Step Medical                  |
| Biotronics, Inc                              | Salient Surgical Technologies, Inc |
| DePuy Spine/Johnson & Johnson, Inc           | Stavros Niarchos Foundation        |
| Exactech, Inc                                | Stryker                            |
| Globus Relief                                | Surgical Solutions, LLC            |
| Haemonetics, Inc                             | Synthes Spine, Inc                 |
| Hospital for Special Surgery                 | Trans1, Inc.                       |
| K2M, Inc                                     | World Medical Relief, Inc          |
| KangHui Medical                              | Wright-Filippis, Inc.              |
| Lenox MacLaren                               | Zimmer Corporation, Inc            |

## FOCOS MOVES TO A NEW HOME

### Bettye Wright, PA, RN, FOCOS USA and Ghana Board Member

July 9, 2011 was a memorable day for the FOCOS Ghana family. We were leaving our first physical facility, the Watson House, our birth home. So many memories, special moments, and special relationships had been born and nurtured here. The move welcomed a new adventure but also marked sad farewells. As a small, close staff, we were going from sharing a tiny space to being divided throughout a nine building campus. With enthusiasm and determination, we packed and journeyed to our new location to begin the next chapter of the FOCOS story. While the rest of the story is yet to be told, I feel blessed to have been a part of chapters one and two.

At the new location in Pantang, the FOCOS Orthopedic Hospital is now in action with the opening of the Out-Patient Department (OPD), Pharmacy, Radiology, Physical Therapy, and Laundry Facilities. Patients are seen and evaluated at the FOCOS Hospital and surgeries are performed at the Korle Bu Teaching Hospital in Accra. After initial recovery, patients return to FOCOS for recuperation and remain for extended care when necessary. Work on the kitchen and operating theaters is well under way and scheduled to be completed in early 2012.



Before

After



Ireoluwa with Dr. Boachie and FOCOS volunteer, Akilah King.



Noah with TT, FOCOS Ghana staff member.

## PATIENT STORY

### Ireoluwa Bolajoko, Age 15, Nigeria

I grew up like any other normal child, but in late 2008, at age 12, I became aware that I had idiopathic scoliosis. The day I found out that something was wrong with me started out just like any other. It was a beautiful Saturday morning in which many postponed chores were waiting to be done. The first thing on my list was to sweep my room. I picked up a broom and began the tedious task. Then it was time for the annoying part, using the dustpan. I always hated packing the collected dirt. It meant I had to bend really low.

“What’s wrong with your back?”

I almost jumped. I hadn’t heard my older sister come in.

“What’s wrong with my back?” I repeated.

“I don’t know. It’s kind of raised. How come it is this way?”

I hurried to the mirror. I couldn’t see it at first, but then I looked again, and surely enough, there it was— the unilateral displacement of part of my back! That was how I suddenly found out that there was a problem with my back. That problem turned out to be scoliosis.

The deformity rapidly progressed over a period of three years, during which it became somewhat difficult for me to walk, stand for long, or run. I also attained a distinctive short stature which a lot of classmates made fun of.

Nothing seemed to help except for physiotherapy. We were eventually directed to the Orthopedic Training Centre in Ghana with the primary objective to get a corrective brace. It was, however, determined that the degree of my deformity was beyond a brace. From there, my father and I were directed to the FOCOS Orthopedic Hospital where a surgical solution was finally offered.

I underwent successful corrective surgery in November 2011 at the new FOCOS Hospital. I have since been relieved of pain and had a real confidence boost. This experience has really enlightened me and people around me. I recognize the importance of familial support in tough situations such as mine. I got all of the help I needed to maintain a high level of confidence and self-esteem during my “deformed” state.

Making the decision to have the surgery is the best decision I could have made. A life changing decision it was, indeed. Thank you Dr. Boachie and FOCOS!

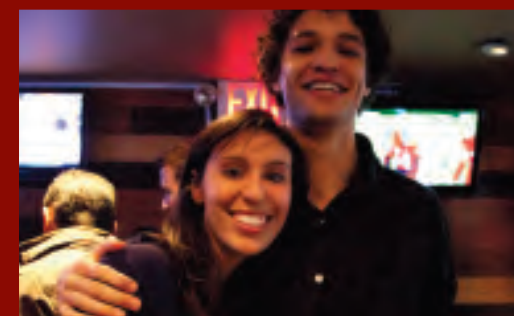
## VOLUNTEER STORY

### My Experience in Ghana with the FOCOS Team • Noah Lonner, Age 12

The ride to Korle Bu Hospital was a long two hours, even though we only had to travel ten miles. I felt morose from the heat and lack of sleep and was starting to miss the rhythm of New York. When we got to the hospital, we first went to the sixth floor to see the kids. I immediately saw that their backs were not only bent, but sticking out. I thought, “With a condition like this, they must feel more than disordered.” I seemed to stammer at the sight, not knowing what to say or do. All I could say was “hello and get better.” This was the first time I had ever seen an individual with a spine deformity in person. I could not believe that a kid like me could have a disease like this.

Later in the day, I helped move some patients from Korle Bu to the new FOCOS hospital. I made friends with one of the patients from Ethiopia and taught him how to play games on my laptop. The fact that I have my own laptop at the age of 12, and he can barely eat a decent meal is really unfair. Looking at him, I felt for him, yet he remained strong. It puzzled me why people his age would make fun of him for something that he couldn’t control. It was amazing to see kids, from a poor country, away from their homes, so happy.

I was glad to be on this trip with the FOCOS team, including my father, Dr. Baron Lonner. It happened over Thanksgiving vacation, and I thought about all my friends and my brother who were having fun in New York. The people back home should know how lucky they are. We should all be thankful for what we have.



## YOUNG FRIENDS OF FOCOS

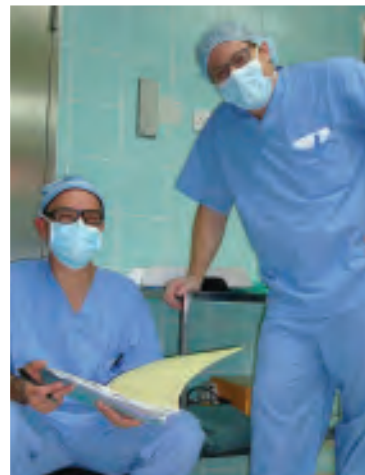
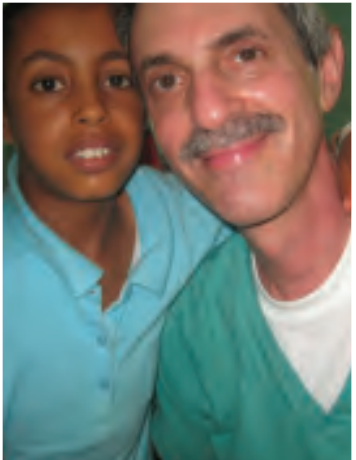
2011 was an emergent year for The Young Friends of FOCOS (YFF). The second annual spring fundraiser at the Time Warner Center was a great success, capturing the attention of several new supporters. With the help of our sponsors and auction, the event raised enough funds to sponsor two Sierra Leonean patients for surgery. In November, YFF-ers came out to support FOCOS and cheer on their favorite sports teams at a Funday for Charity. The event theme sparked friendly competition as attendees awaited the drawing of raffle items donated by the National Football League (NFL).

The YFF Care Kit Program reached new heights in 2011 thanks to a partnership with Colgate-Palmolive which provided boxes of toothbrushes, toothpaste, and deodorant. Donations were also made by the Child Life Program at Hospital for Special Surgery and the Tufts University Athletic Department. Care Kits were distributed to post-operative patients during the March, May, and November mission trips.

In an effort to raise more funds for the FOCOS Orthopedic Hospital, YFF has set high goals for the 2012 year. Most importantly, YFF hopes to maintain its commitment to advancing the mission of FOCOS not only through fundraising efforts, but through patient outreach and service.

To learn more about YFF or to get involved, please visit [www.orthofocos.org](http://www.orthofocos.org).

# YFF



# VOLUNTEERS IN ACTION

# FINANCIALS

## FOUNDATION OF ORTHOPEDICS AND COMPLEX SPINE, INC.

### STATEMENTS OF FINANCIAL POSITION

AS OF DECEMBER 31, 2011

ASSETS	2011	2010
<u>Current assets:</u>		
Cash and cash equivalents	\$ 1,077,280	\$ 102,408
Investments, at fair market value	31,669	11,917
Accounts receivable, net	214,960	157,318
Pledges receivable	218,784	69,250
Prepaid expenses and other current assets	<u>8,225</u>	<u>8,622</u>
Total current assets	1,550,918	349,515
Equipment, net	-	99
Cash surrender value of life insurance	150,631	109,710
Endowment fund investments	<u>-</u>	<u>20,000</u>
Total assets	\$ <u><u>1,701,549</u></u>	\$ <u><u>479,324</u></u>
 <b>LIABILITIES AND NET ASSETS</b>		
<u>Current Liabilities:</u>		
Accounts payable and accrued expenses	\$ 48,269	\$ 36,782
Due to foreign affiliate	<u>50,000</u>	<u>-</u>
Total current liabilities	<u>98,269</u>	<u>36,782</u>
 Commitments and contingencies		
<u>Net Assets:</u>		
Unrestricted	1,595,972	406,853
Temporarily restricted	7,308	15,689
Permanently restricted	<u>-</u>	<u>20,000</u>
Total net assets	<u>1,603,280</u>	<u>442,542</u>
Total liabilities and net assets	\$ <u><u>1,701,549</u></u>	\$ <u><u>479,324</u></u>

## FOUNDATION OF ORTHOPEDICS AND COMPLEX SPINE, INC.

### STATEMENT OF ACTIVITIES AND CHANGES IN NET ASSETS

YEAR ENDED DECEMBER 31, 2011

	<u>Unrestricted</u>	<u>Temporarily Restricted</u>	<u>Permanently Restricted</u>	<u>Total</u>
<b>Support and Revenue:</b>				
Contributions	\$ 1,613,807	\$ -	\$ -	\$ 1,613,807
Program service revenue	577,280			577,280
Donated services	6,882,400			6,882,400
Special events-net of direct expenses of \$63,090	737,499			737,499
Net assets released from restriction	<u>28,381</u>	<u>( 8,381)</u>	<u>( 20,000)</u>	<u>-</u>
Total support and revenue	<u>9,839,367</u>	<u>( 8,381)</u>	<u>( 20,000)</u>	<u>9,810,986</u>
<b>Operating Expenses</b>				
Program services	8,476,573			8,476,573
Management and general	89,042			89,042
Fundraising	<u>66,790</u>			<u>66,790</u>
Total operating expenses	<u>8,632,405</u>	<u>\$ -</u>	<u>\$ -</u>	<u>\$ 8,632,405</u>
Change in operating net assets	1,206,962	<u>( 8,381)</u>	<u>( 20,000)</u>	1,178,581
<b>Non-operating Income/ (Expense):</b>				
Net investment losses	<u>( 17,843)</u>			<u>(\$ 17,843)</u>
Change in net assets	<u>1,189,119</u>	<u>( 8,381)</u>	<u>( 20,000)</u>	1,160,738
Net assets, January 1, 2011	\$ <u>406,853</u>	\$ <u>15,689</u>	\$ <u>20,000</u>	\$ <u>442,542</u>
Net assets, December 31, 2011	\$ <u><u>1,595,972</u></u>	\$ <u><u>7,308</u></u>	\$ <u><u>-</u></u>	\$ <u><u>1,603,280</u></u>

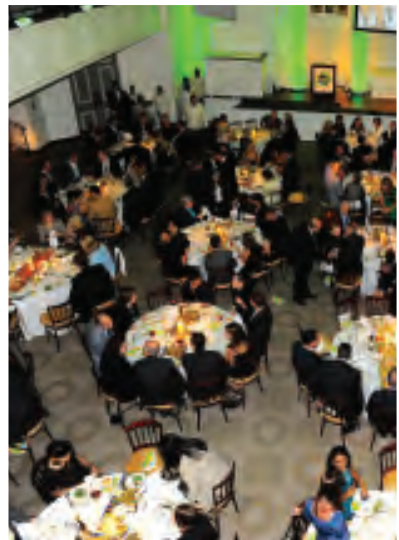
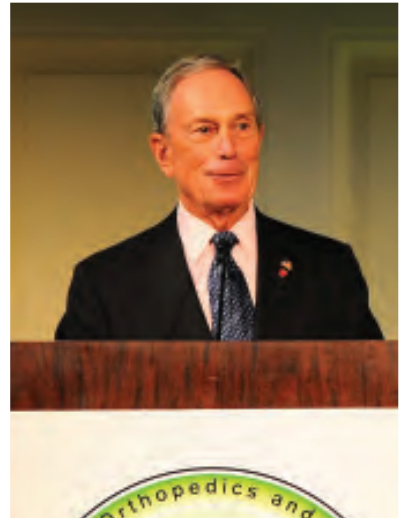
# FOURTH ANNUAL FOCCOS GALA

SEPTEMBER 26 2011, 583 PARK AVE



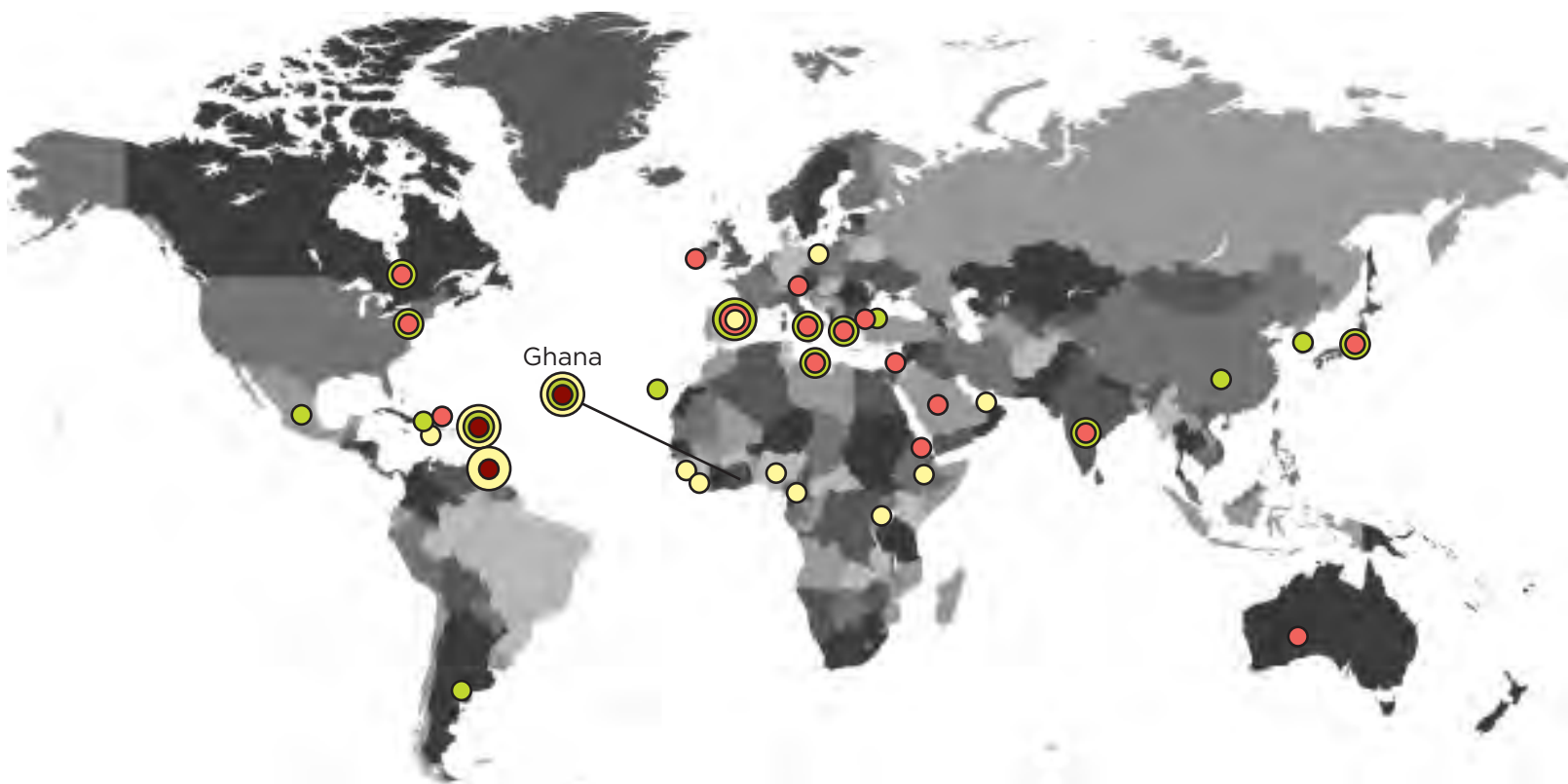
**THE FOURTH ANNUAL FOCOS GALA** welcomed over 300 guests and raised over \$600,000. The event was emceed by Dr. Donnica A. Moore, President of the Sapphire Women's Health Group and honored Dr. Lawrence G. Lenke and Biotronic Neuronetwork. Special guests included New York City Mayor, Michael Bloomberg and Tom Johnson, Jr., Founder of Africa Surgery, Inc. The event was highlighted by the moving story of Meiraf, a patient who received life changing surgery by FOCOS volunteers.

To learn more about future FOCOS events, please visit [www.orthofocos.org](http://www.orthofocos.org).





# FOCOS MAP



**BURGUNDY PINS - FOCOS LOCATIONS**  
Barbados, Ghana, Trinidad

**YELLOW PIN - FOCOS PATIENTS**  
Ghana, Barbados, Trinidad, Jamaica, Cameroon, Nigeria, Ethiopia, Sierra Leone, Poland, Spain, UAE, Liberia, Rwanda

**ORANGE PINS - FOCOS DONORS**  
Australia, Austria, Belgium, Canada, Greece, India, Ireland, Israel, Istanbul, Italy, Japan, Puerto Rico, Saudi Arabia, Spain, USA

**GREEN PINS - FOCOS VOLUNTEERS**  
Argentina, Barbados, Canada, China, Ghana, Greece, India, Italy, Japan, Mexico, Spain, Turkey, West Indies, USA, South Korea, Canary Islands



## SIERRA LEONE REPORT

**AKILAH KING, YFF CO-CHAIR**

In 2010, Sierra Leone was listed as the 8th poorest country in the world. With a population of 5.2 million, over 80% of Sierra Leoneans live in poverty. In 2007, the country had the highest level of child mortality in the world and a life expectancy of only 41 years. There are only five orthopedic surgeons practicing in limited capacities, and there are no facilities where complex spine surgeries can be performed.

In February 2011, FOCOS board member Bettye Wright, YFF co-chair Akilah King, and Ghanaian neurosurgeon Dr. Harry Akoto visited three Sierra Leone cities with Tom Johnson, Jr. Tom, a former Peace Corp volunteer and 2010 FOCOS Gala honoree, is FOCOS's main contact in Sierra Leone. He spends three months a year in Sierra Leone and dedicates his time to seeking care for children in need. He is the founder of Africa Surgery, Inc (ASI).

During the five day mission trip, the team examined 139 patients including 44 FOCOS post-op patients, 41 new cases, and 54 waitlisted patients. Dr. Akoto also evaluated three young babies diagnosed with hydrocephalus. While some patients will need to be operated on immediately, the rest will await selection for surgery at the new FOCOS Orthopedic Hospital.

In May 2011, the Young Friends of FOCOS hosted a fundraiser to benefit patients from Sierra Leone. You can sponsor a patient by visiting [www.orthofocos.org](http://www.orthofocos.org).

## TRINIDAD REPORT

**VINCENT ARLET, MD, FOCOS VOLUNTEER**

In 2011, FOCOS had three Trinidad rotations at the Saint Elizabeth Center for Physically Handicapped Children; in January, March, and September. Under the directive of Dr. Vincent Arlet and Dr. David Toby, each rotation was four days long with one spine case per day. A total of twelve complex deformity procedures were performed throughout the year, including three revisions of previous scoliosis surgeries. Most cases were pediatric except for three adults. A total of 12 complex deformity procedures, nine pediatric and three adult, were performed. All of our patients are doing well and are experiencing zero complications. Special thanks to Synthes Spine for their continuous corporate support.

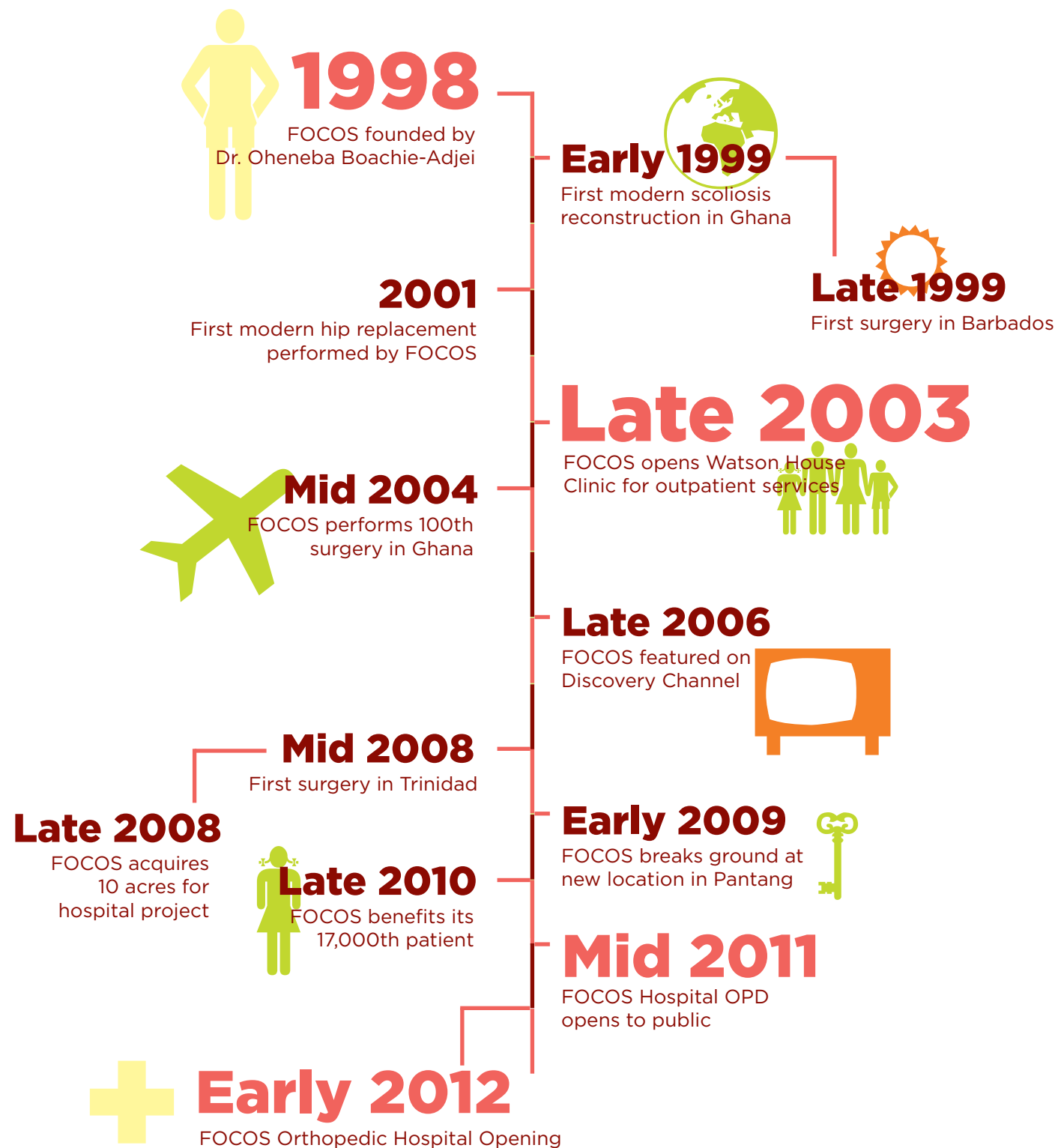
## BARBADOS REPORT

**JEROME JONES, MD, FOCOS VOLUNTEER**

The FOCOS Barbados Program entered its second decade in 2011. The collaboration between FOCOS and Barbados began in 2000. Since then, 80 patients have undergone successful surgical treatment for scoliosis. FOCOS Barbados, led by Dr. Jerome Jones and Dr. Randy Carrington, runs out of the Queen Elizabeth Hospital in Bridgetown. Patients are screened and indicated for spinal interventions, and FOCOS USA surgeons are invited to help with the complex spine cases.

In 2011, posterior spine fusions were performed on six patients, ages 10 to 34. Four surgeries were performed in May and two in December. The program hopes to continue its good work in 2012.

# FOCOS TIMELINE



## HOW YOU CAN HELP:

FOCOS relies on the generosity of its many donors and volunteers. With your support, we are able to offer life saving medical care to underserved communities throughout Africa and the Caribbean. Your support in any capacity is greatly appreciated. Here are some ways you can help:

### DONATE

Contributions from our supporters allow us to provide much needed surgeries and state of the art patient care at the FOCOS Orthopedic Hospital in Ghana. When you donate to FOCOS, you can decide where your money goes. Whether you sponsor a child's surgery or contribute to our general operating fund, every penny counts, and all contributions are fully tax deductible.

To donate, please visit [www.orthofocos.org](http://www.orthofocos.org) or call 646.797.8297 for more information.

### VOLUNTEER

Every year, FOCOS sponsors several trips to Ghana to provide orthopedic surgeries to people in West Africa who would otherwise not be able to afford surgery. From nurses and healthcare professionals, to students looking to make use of free time, FOCOS volunteers come from all walks of life.

To find out how to become a part of the FOCOS volunteer experience, please visit [www.orthofocos.org](http://www.orthofocos.org) or call 212.774.2663 for more information.

### YOUNG FRIENDS OF FOCOS (YFF) COMMUNITY FUNDRAISING EVENTS

YFF, a FOCOS young professionals committee, hosts charity events throughout the year and encourages supporters to organize their own local fundraisers. Celebrate your birthday, plan a dance-a-thon or simply call friends and family and ask them to support FOCOS. Get creative and involve your local community and network with FOCOS. Please visit [www.orthofocos.org](http://www.orthofocos.org) or call 646.797.8297 for more information and to get started on your community fundraising activity.

Be sure to check out the FOCOS website at [www.orthofocos.org](http://www.orthofocos.org) for upcoming YFF events and activities

### SOCIALLY CONNECT

Follow us on Facebook - [www.facebook.com/OrthoFOCOS](http://www.facebook.com/OrthoFOCOS)  
Follow us on Twitter - [www.twitter.com/ORTHOFOCOS](http://www.twitter.com/ORTHOFOCOS)



Have any questions, suggestions, or concerns? We'd love to hear from you!  
Please call 212.774.2663 or email [YFF@orthofocos.org](mailto:YFF@orthofocos.org).

