



FOUNDATION OF ORTHOPEDICS
AND COMPLEX SPINE
ANNUAL REPORT 2012-2013

FOCOS



FOCOS PROVIDES OPTIMUM ORTHOPEDIC CARE AND IMPROVES QUALITY OF LIFE IN GHANA AND OTHER COUNTRIES. OUR VISION IS TO DEVELOP A SUSTAINABLE INFRASTRUCTURE FOR STATE OF THE ART ORTHOPEDIC CARE AND EDUCATION.

FOCOS by the Numbers	4
President's Message	6
FOCOS Orthopedic Hospital	8
Mission Trips	13
FOCOS USA	14
Volunteers	16
Corporate Sponsors	21
Fifth Annual FOCOS Gala	22
Young Friends of FOCOS	24
How You Can Help	27
Financials	28



FOCOS BY THE NUMBERS

Take a look at our 2012 totals.



197
In-Patient Visits



3,952
Out-Patient Visits



171
Spine Surgeries



32
Joint Surgeries



154
Hospital Employees



11
Hospital Consultants

9

Employee In-Services



2012 GROWTH

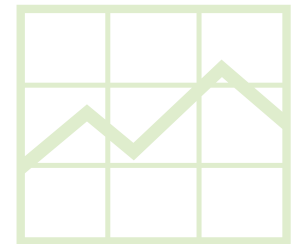
The opening of the FOCOS Orthopedic Hospital in April 2012 propelled a vision into reality. Thanks to the support of hundreds of donors and volunteers, we raised and directly invested more than \$3.8 million into facility construction and patient care. The hospital staff, which treated over 3,000 patients in 2012, has grown to more than 150 full and part-time employees. Our facility is state-of-the-art, featuring two operating theaters, a recovery room, three patient wards, a rehabilitation center, a laboratory, a radiology department, and an out-patient clinic.

IMPACTING UNDERSERVED COMMUNITIES

In 2012, more than 200 complex spine and joint surgeries were completed at the FOCOS Orthopedic Hospital. This brings our surgical count to over 1,000 since inception in 1998. Patients, once crippled by orthopedic deformities and disabilities, are returning to productive lifestyles and continue to thrive.

BUILDING SUSTAINABILITY

As we move toward the future, our focus is providing an infrastructure for continued quality care. Education and professional development are two pillars of our mission and play significant roles in guaranteeing the future of the FOCOS Orthopedic Hospital. FOCOS has organized various in-services for its allied medical professionals, including seminars on infection control, confidentiality, and fire safety. The hospital is also host to several local university and international student exchange programs. Our hope is to offer incentives to Ghanaian and foreign born medical specialists to train and remain in Ghana.



PRESIDENT'S MESSAGE



The grand opening of the FOCOS Orthopedic Hospital kicked off a milestone year. 2012 was one of the most triumphant in our fifteen year history. We celebrated in April as the hospital opened its doors as one of the most state-of-the-art facilities of its kind in West Africa. The opening was attended by over 100 guests, including Ghanaian and international dignitaries from the public and private sectors. We had the honor of hosting His Excellency, Mr. John Evans Fiifi Atta Mills, the late President of the Republic of Ghana, the Honorable Alban Bagbin, former Minister of Health, and representatives from FOCOS Corporate Sponsors, including Hospital for Special Surgery (HSS) and K2M, Inc.

The FOCOS Hospital offers high-quality orthopedic care to adult and pediatric patients by providing diagnostic, physician consultation, surgical, recovery, and rehabilitation services. I am happy to report that, with the

support of four mission trips and hundreds of volunteers from across the world, we completed more than 200 complex spine and joint replacement surgeries in 2012. We have witnessed tremendous patient outcomes and will continue our efforts to provide much needed high-quality care to a growing population of over 26 million.

Triumphs abroad have been mirrored by the growth of FOCOS USA. The administrative and medical staffs in Ghana coordinate daily with the FOCOS USA office. FOCOS USA, located in New York City, is home to our fundraising and development programs which offer financial and logistical support to the hospital and coordinate volunteer trips. Staffed by three full-time employees, the FOCOS office moved to a new location this year to support the progress of the organization and to provide necessary space for meetings and in-kind contributions.

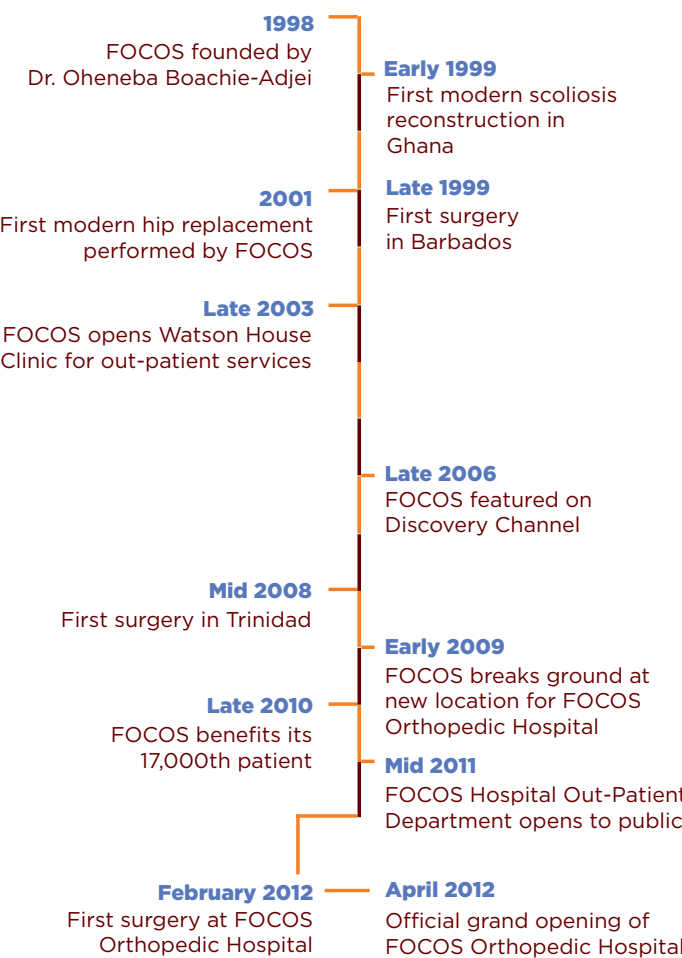
Our continued advancement is only possible thanks to the generous contributions of our benefactors and volunteers. More than \$3.8 million was raised in 2012. These funds have directly supported the hospital's growth, including the recruitment of trained medical professionals and the purchasing of needed medical equipment and supplies. These funds also supported the FOCOS Sponsor a Patient Fund, which offers financial assistance to patients in need of surgery.

Our mission is to build a sustainable infrastructure and provide the highest quality of orthopedic care to patients. We are proud of our developments and achievements to date and cannot offer adequate thanks to our dedicated volunteers, staff, USA and Ghana Board of Directors, and our gracious donors.

In the near future, we will launch a campaign to establish the FOCOS Academic Research and Training Center. This will pave the way for the next generation of FOCOS medical professionals. As the saying goes, "A journey of a thousand miles begins with a single step." We are already on our way, and I encourage you to continue with us on this exciting journey.

May we continue to help the world stand tall,

Oheneba Boachie-Adjei
President and Founder





FOCOS ORTHOPEDIC HOSPITAL GRAND OPENING

April 28, 2012
Accra, Ghana



HOSPITAL FACILITY

“Dr. Boachie-Adjei came with a vision... he came with a passion. He is someone who had his sights set on a goal and had a commitment from a team from all over the world that he was able to lead... he was able to say ‘follow me and see what we can accomplish’... and wow, look what they’ve accomplished.” -Eric Major, CEO of K2M, Inc.

Opened in April 2012, the FOCOS Orthopedic Hospital in Accra, Ghana, West Africa is a state-of-the-art, 50 bed facility that provides comprehensive, affordable orthopedic care to adult and pediatric patients. This is one of the only full-service facilities in Africa that offers specialized care, including complex spine and joint replacement surgeries.

Take a tour of the hospital departments:



- 1 Administration**
The FOCOS Orthopedic Hospital is managed by an administrative staff including a Chief Executive Officer, Chief Administrative Manager, Finance Officer, Development Officer, Nurse Manager, and several other support roles.
- 2 Out-Patient Department (OPD)**
The out-patient department is the hub of the hospital, serving as a clinic for the local community and offering specialist consultations in neurology, orthopedics, and neurosurgery. Patients report to the OPD for information, treatment, and for pre and post-surgical evaluations.
- 3 Pharmacy**
The FOCOS Pharmacy has a well stocked dispensary to meet in-patient, out-patient, and community demands. Medications are acquired from quality and credible sources and are stored at optimum temperatures to ensure high efficacy. Well qualified pharmacists and pharmacy technicians are employed to deliver professional, comprehensive services.
- 4 Physiotherapy**
The FOCOS Orthopedic Hospital's Physiotherapy Center offers pre and post-operative rehabilitation to patients. Two full-time therapists and two part-time aides develop treatment plans and provide advice to patients and their families regarding self-care treatment upon discharge.
- 4 Orthotics and Prosthetics Laboratory**
As part of the Physiotherapy Center, the FOCOS Orthotics and Prosthetics Laboratory is fully equipped to create custom braces including lumbar corsets, cervical collars, knee braces, and arm slings.
- 5 Laundry**
The hospital has a full-service laundry room to ensure the cleanliness and safety of patients and staff.

- 6 Cafeteria**
The hospital provides three meals each day to patients and staff and is equipped with state-of-the-art technology. Our full-time dietician provides patients with nutrition plans and manages weight, body mass, and overall progress.
- 7 Operating Theater**
The FOCOS Orthopedic Hospital features two state-of-the-art operating rooms and an eight bed recovery room. The hospital performs surgeries in club foot, neurosurgery, complex spine, and joint replacement.
- 8,9,10 Patient Wards**
The 50 bed capacity hospital has three wards, each of which offer comfortable accommodations for patients.
- 11 Laboratory**
The fully equipped laboratory provides on-site biomedical analysis of blood, tissue, and urine. Services include hematological analysis, chemical pathology investigations, microbiology analysis, point of care testing, and routine testing. The lab is staffed by two technicians and is assisted by several nurses.
- 12 Radiology**
The FOCOS Orthopedic Hospital is one of the few facilities in West Africa with reliable radiology equipment. Two conventional x-ray machines along with a CT-scan and fluoroscopy machine are available on-site. All images retrieved in Radiology are stored in the Picture Archiving and Communication (PAC) System.

Other Features and Services
Generator
Warehouse
Water Purification

HOSPITAL STAFF

Meet four essential members of the FOCOS Orthopedic Hospital team.



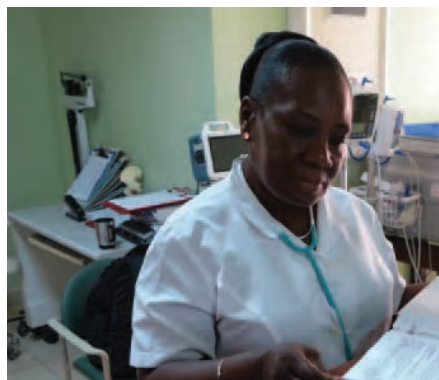
Name: Harry Akoto, MD
From: Accra, Ghana
Title: Neuro/Spine Surgeon
Years with FOCOS: 7

“My experience with FOCOS started back in 2002 when I was a resident observing Dr. Boachie in the operating room. Since then, it has been nothing but a huge learning experience.”



Name: Evelyn Nkansah
From: Accra, Ghana
Title: Senior Cook
Years with FOCOS: 4

“This is my first time working at a hospital. I enjoy cooking for the children and volunteers. Since they are from all over the world, I can combine their cuisine cultures with ours.”



Name: Rebecca Essilfie, RN
From: Cape Coast, Ghana
Title: Nurse Manager
Years with FOCOS: 2

“I really enjoy working for FOCOS. The nursing staff is very hard working and ready to sacrifice for our patients. Everyone is so eager to learn, and as a team, we’ve come so far.”



Name: Tetteh “TT” Mensah
From: Accra, Ghana
Title: Ambulance Driver
Years with FOCOS: 4

“I am amazed at what Dr. Boachie is doing for the kids and his people. When I look at the patients and their conditions, I get attached. I am proud to work for FOCOS.”

MISSION TRIPS

FOCOS sponsored 12 mission trips in 2012 and early 2013. Seven trips occurred in Ghana and five in the Caribbean. Below is a snapshot of each.

Ghana

February 2012

Number of Joint Surgeries: 11
 Number of Spine Surgeries: 1
 Patient Age Range: 11-74
 Number of Volunteers: 10

April 2012

Number of Joint Surgeries: 0
 Number of Spine Surgeries: 27
 Patient Age Range: 4-73
 Number of Volunteers: 40

June 2012

Number of Joint Surgeries: 0
 Number of Spine Surgeries: 21
 Patient Age Range: 4-81
 Number of Volunteers: 5

August 2012

Number of Joint Surgeries: 9
 Number of Spine Surgeries: 31
 Patient Age Range: 3-79
 Number of Volunteers: 21

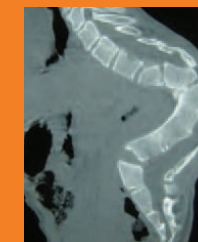
November 2012

Number of Joint Surgeries: 12
 Number of Spine Surgeries: 37
 Patient Age Range: 6-79
 Number of Volunteers: 35



PATIENT TRANSFORMATION

Meet Akewak, a 15 year old boy from Ethiopia. Akewak was born with kyphosis, an abnormal rounding of the back. He presented to FOCOS in 2012 with a curve of 110 degrees. His surgery was complex, but it resulted in great success. Not only was his curve reduced to 45 degrees, but he also gained an inch in height!



Caribbean

Jamaica, March 2012

Number of Spine Surgeries: 2
 Patient Age Range: 16

Trinidad, March 2012

Number of Spine Surgeries: 4
 Patient Age Range: 10-40

Trinidad, June 2012

Number of Spine Surgeries: 3
 Patient Age Range: 8-17

Trinidad, November 2012

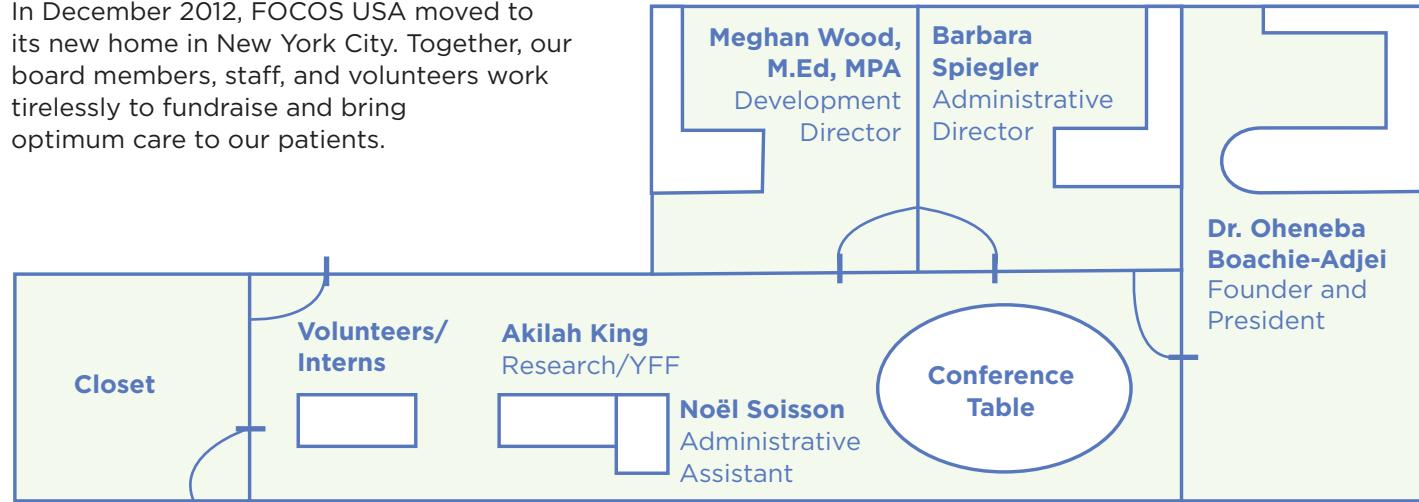
Number of Spine Surgeries: 3
 Patient Age Range: 13-35

Trinidad, March 2013

Number of Spine Surgeries: 3
 Patient Age Range: 8-18

FOCOS USA

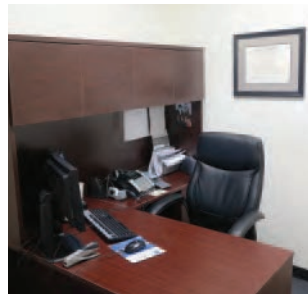
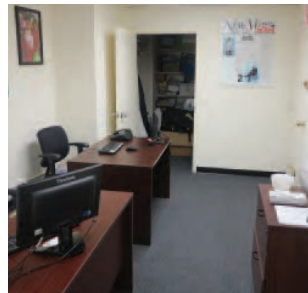
In December 2012, FOCOS USA moved to its new home in New York City. Together, our board members, staff, and volunteers work tirelessly to fundraise and bring optimum care to our patients.



What's in the FOCOS closet?

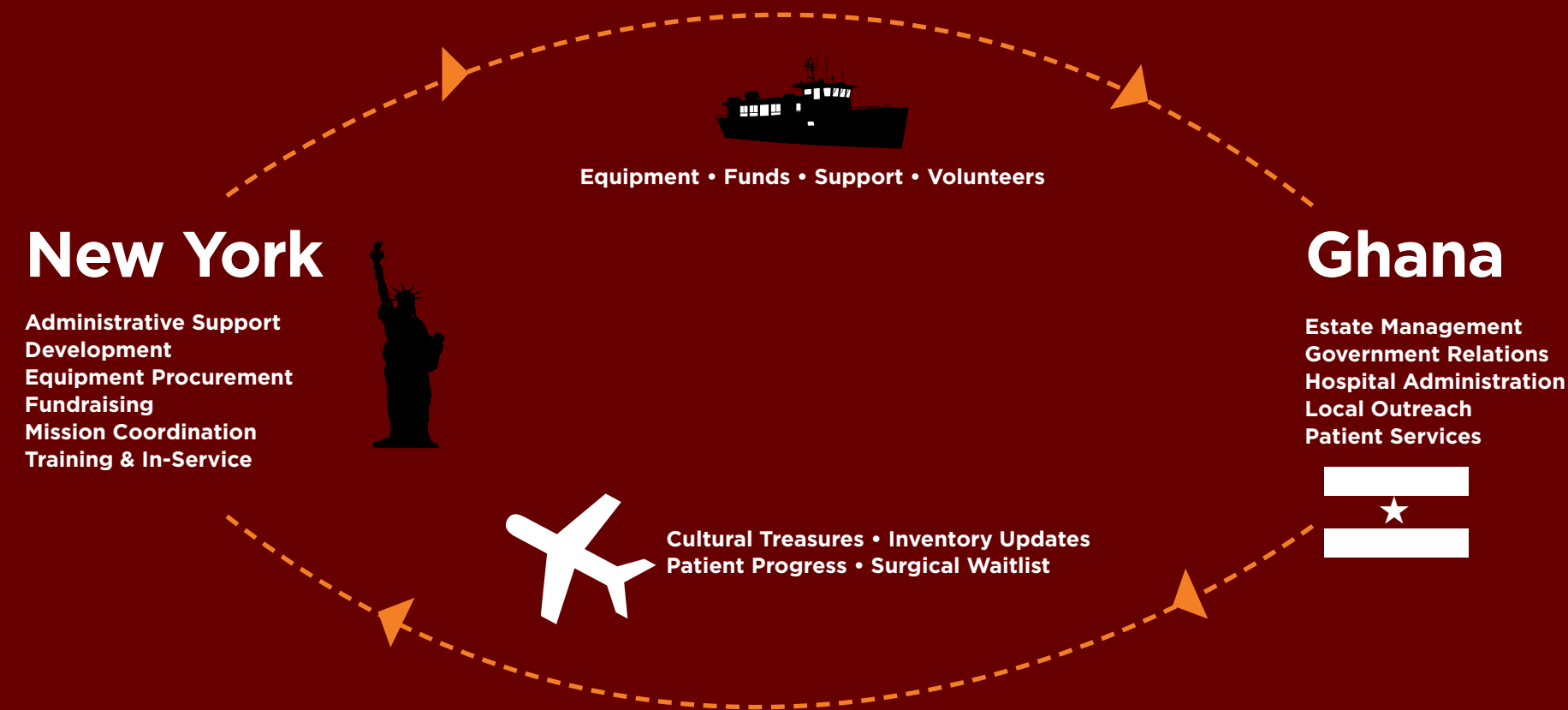
Take a peek inside.

- | | |
|-------------------|----------------------|
| Back Braces | Kente Cloth |
| Bottled Water | Medical Consumables |
| Bubblicious Gum | Office Supplies |
| Cleaning Products | Surgical Instruments |
| Event Decorations | Trade Bead Bracelets |
| Heavy Duty Scale | YFF Care Kits |



THE FOCOS EXCHANGE

Teamwork and communication between our New York office and the FOCOS Orthopedic Hospital are crucial to sustainability. Both sites must work together to overcome difficult challenges.



FOCOS VOLUNTEERS

WHETHER PERFORMING LIFE-SAVING SURGERIES OR STUFFING CARE KITS, FOCOS HAS THE MOST DEDICATED VOLUNTEERS. WE CANNOT FULFILL OUR MISSION WITHOUT THEM.

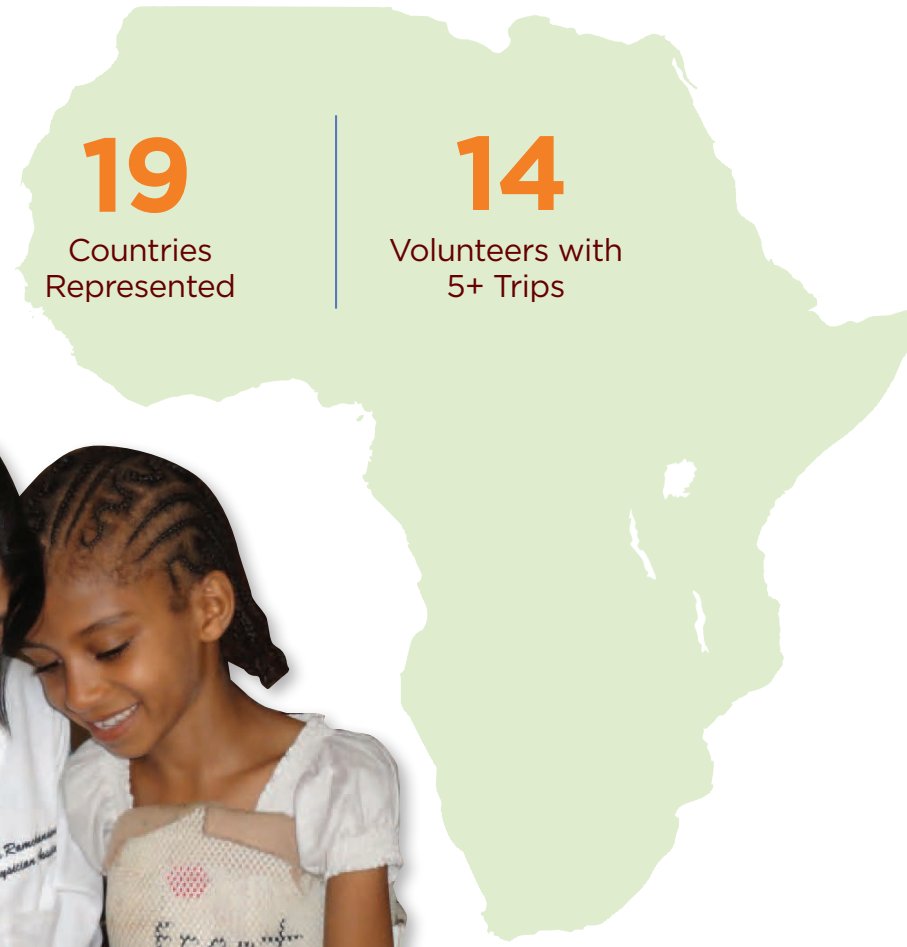


266
Total
Volunteers

89
2012 Mission
Volunteers

19
Countries
Represented

14
Volunteers with
5+ Trips



VOLUNTEER PROFILES



Name: Charles Fisher,
PT, MPT, MBA
From: Babylon, NY
Title: Physical Therapist
Years with FOCOS: 6
Number of Mission Trips: 2

“Volunteering with FOCOS is one of the best things I have ever done. It has allowed me to touch the lives of those less fortunate than I and to share my knowledge and skills for the greater good.”



Name: Cristina Sacramento Dominguez, MD, PhD
From: Canary Islands, Spain
Title: Spine Surgeon
Years with FOCOS: 7
Number of Mission Trips: 7

“FOCOS has made me a better person and a better surgeon. Additionally, being a part of FOCOS means friends, family, passion, and compassion.”



Name: Glenn Garrison,
CPO
From: Englewood, NJ
Title: Orthotist
Years with FOCOS: 4
Number of Mission Trips: 3

“It has been the best professional experience of my life! Now I know why I do what I do.”



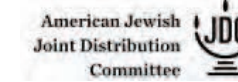
Name: Heather Hess,
RN, CDE
From: Danville, PA
Title: Registered Nurse
Years with FOCOS: 11
Number of Mission Trips: 6

“I absolutely love my FOCOS connection! FOCOS is an international family that works in harmony to help each patient obtain the best outcome.”





CORPORATE SPONSORS

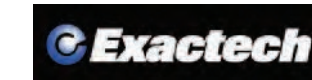


HOSPITAL
FOR
**SPECIAL
SURGERY**



Hospital for Special Surgery (HSS)

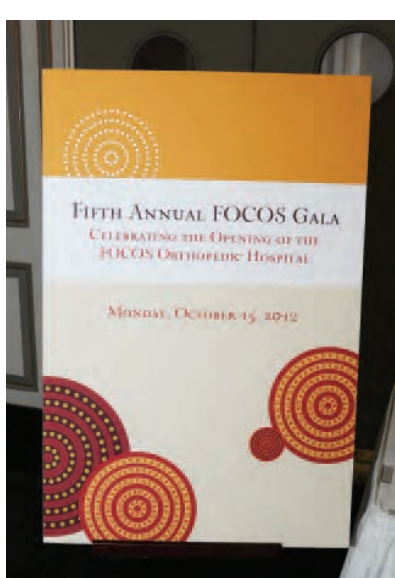
Located in New York City, HSS ranks #1 nationally for orthopedics and serves as a model for the FOCOS vision. More than 90 HSS employees have volunteered their time in Ghana. In addition to volunteer services, HSS has made numerous financial and in-kind contributions valued at over \$300,000.



K2M, Inc.

K2M, Inc. is the largest privately held spinal device company in the world focused on the research, development, and commercialization of innovative solutions for the treatment of complex spinal pathologies and minimally invasive procedures. The company has provided FOCOS with cash contributions as well as necessary implants for complex spine surgeries.





FIFTH ANNUAL FOCOS GALA
 October 15, 2012
 583 Park Avenue, NYC

More than 225 guests joined us for this special evening honoring Dr. Kyle C. Swanson and Hospital for Special Surgery. Over \$650,000 was raised in support of the FOCOS mission.



YOUNG FRIENDS OF FOCOS

\$72,839.95

Raised in 2012/2013

300

Number of Black & White Masquerade Ball Attendees

122

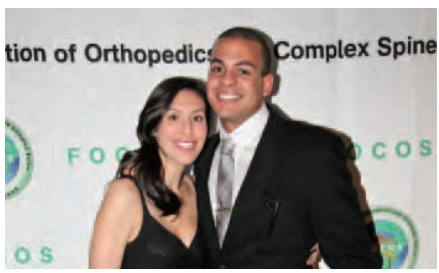
Number of Care Kits Made

55

Number of Auction Items Donated

YOUNG, WILD, & FREE BASH

 July 13, 2012
 Beekman Beer Garden, NYC



BLACK & WHITE MASQUERADE BALL

 February 22, 2013
 Union Square Ballroom, NYC



YFF STANDOUTS

Curvy Girls, a scoliosis support group founded by Leah and Robin Stoltz of Long Island, New York, collected and donated over 250 care kits and 25 back braces at their First Annual Convention.



John Toomey, a high school junior at The Music Institute of Long Island, raised \$600 through his FOCOS Practice-A-Thon.



Jackie Lamb from Arlington, Virginia raised \$900 by selling homemade, organic dog treats.



rae francis



TIA LETRAS | design

Special thanks to YFF's loyal donors.

HOW YOU CAN HELP

 <p>DONATE</p>	 <p>VOLUNTEER GHANA</p>	 <p>VOLUNTEER USA</p>
 <p>ATTEND AN EVENT</p>	 <p>FUNDRAISE</p>	 <p>SOCIALLY CONNECT</p> 

For more information, visit www.orthofocos.org.

STATEMENTS OF FINANCIAL POSITION AS OF DECEMBER 31, 2012

ASSETS	2012	2011
Current Assets:		
Cash and cash equivalents	2,658,975	1,077,280
Investments, at fair market value	738,237	31,669
Accounts receivable	143,250	214,960
Pledges receivable	58,720	218,784
Prepaid expenses and other current assets	10,324	8,225
Total current assets	3,609,506	1,550,918
Equipment, net	40,975	-
Cash surrender value of life insurance	188,294	150,631
Security deposit	10,406	-
Total assets	<u>\$ 3,849,181</u>	<u>\$ 1,701,549</u>
LIABILITIES AND NET ASSETS		
Current Liabilities:		
Accounts payable and accrued expenses	106,125	48,269
Due to foreign affiliate	440,690	50,000
Total current liabilities	546,815	98,269
Net Assets:		
Unrestricted	3,200,978	1,595,972
Temporarily restricted	101,388	7,308
Total net assets	3,302,366	1,603,280
Total liabilities and net assets	<u>\$ 3,849,181</u>	<u>\$ 1,701,549</u>

STATEMENT OF ACTIVITIES AND CHANGES IN NET ASSETS YEAR ENDED DECEMBER 31, 2012

SUPPORT AND REVENUE	Unrestricted	Temporarily Restricted	Total
Contributions	2,968,159	100,445	3,068,604
Program service revenue	831,704		831,704
Donated services	3,916,960		3,916,960
Special events - net of direct expenses of \$97,305	489,439		489,439
Net assets released from restriction	6,365	(6,365)	-
Total support and revenue	8,212,627	94,080	8,306,707
OPERATING EXPENSES			
Program services	6,482,501		6,482,501
Management and general	94,851		94,851
Fundraising	35,489		35,489
Total operating expenses	6,612,841	-	6,612,841
Change in operating net assets	1,599,786	94,080	1,693,866
NON-OPERATING INCOME/(EXPENSE)			
Net investment income	5,220		5,220
Change in net assets	1,605,006	94,080	1,699,086
Net assets, January 1, 2012	1,595,972	7,308	1,603,280
Net assets, December 31, 2012	<u>\$ 3,200,978</u>	<u>\$ 101,388</u>	<u>\$ 3,302,366</u>

BOARD AND COMMITTEES

FOCOS USA Board of Directors

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President and Founder

Sam Owusu-Akyaw
Vice President

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Treasurer

Rocco Iacoviello, ESQ
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Michael Mendelow, MD
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Kwabena Oforu-Ware

Harry Paul
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Joshua Thomas



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HELPING THE WORLD STAND TALL

