



2013-2014

FOUNDATION OF ORTHOPEDICS  
AND COMPLEX SPINE  
ANNUAL REPORT  
**FOCOS**



PAST • PRESENT • FUTURE





THE **FOCOS** MISSION IS  
TO PROVIDE OPTIMUM  
ORTHOPEDIC CARE AND IMPROVE  
QUALITY OF LIFE IN GHANA AND  
OTHER COUNTRIES.

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As I look back at the past year, I am humbled by the incredible journey of the FOCOS mission. I've been surrounded by dedicated individuals who have worked tirelessly to help me achieve my dreams, and I remain astounded at what we have created. Even still, each time I return to Ghana, I am reminded of how much work we have left to do and how many lives still rely on our care.

The FOCOS Orthopedic Hospital completed its second year of operation and is thriving. We now employ over 175 medical and administrative professionals. International volunteers continue to assist the staff and are transitioning from primary care givers to educators.

The complex cases we see are among some of the most severe in the world. The Hospital has established itself as one of the only orthopedic hospitals in the region that is capable of successfully treating such cases. We are attracting patients from all across the globe.

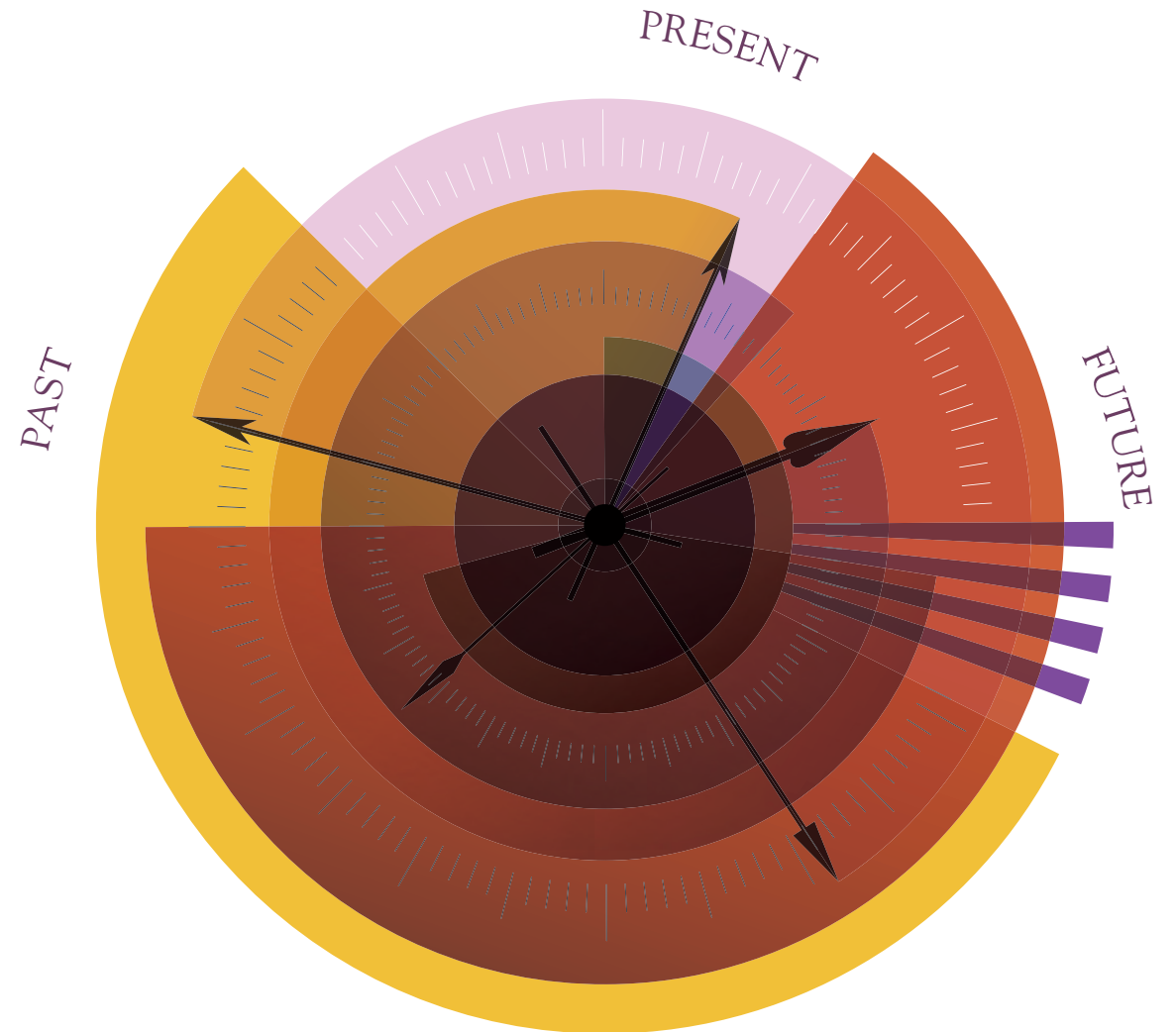
The success of our work in Africa depends on our ability to raise funds from donors all across the world. 98% of the \$3.7 million raised in 2013 directly supported our programs. We completed more than 225 surgeries and treated over 4,000 patients. Your financial support gives us the ability to offer state-of-the-art and comprehensive care to all.

Moving towards the future, I will retire from my private practice at Hospital for Special Surgery (HSS) in New York at the end of 2014. Ghana will serve as my home year round, and I will put my full attention towards the FOCOS Hospital and the next phase of the mission, the FOCOS Institute.

Together, may we continue to help the world stand tall.

**Oheneba Boachie-Adjei, MD D. Sc**  
**FOCOS President and Founder**

STEP INTO OUR TIME MACHINE, AND UNCOVER THE REALIZATION OF THE FOCOS DREAM.



## DR. BOACHIE'S STORY

Dr. Oheneba (meaning Prince) Boachie-Adjei was born in Kumasi, Ghana. At the age of 6, he almost died of a severe stomach illness. Fortunately, his illness was cured by a Ghanaian doctor with Western training. Inspired by his second chance at life, he wanted to return the favor and become a doctor himself.

With twelve dollars to his name, Dr. Boachie moved to New York City in 1971 and eventually worked his way to becoming a world renowned spine surgeon. He graduated from Brooklyn College in 1976, graduated from Columbia

College of Physicians and Surgeons in 1980, and completed his spine residency at the Hospital for Special Surgery.

From 1995 to 1998, Dr. Boachie returned to Ghana as a guest lecturer at local government hospitals. During his visits, he realized there was a real need for spine care. Ready to enact on his dream, in 1998, Dr. Boachie incorporated the Foundation of Orthopedics and Complex Spine (FOCOS). The first FOCOS surgical case occurred in April 1998 at the Korle Bu Teaching Hospital in Accra, Ghana. In 2003, FOCOS

opened the Watson House Clinic in Ghana for out-patient services. FOCOS expanded to Barbados in 1999 and Trinidad in 2008.

With the opening of the FOCOS Orthopedic Hospital in April 2012, Dr. Boachie's dream was fully realized. FOCOS has become a well-known medical non-profit, and the hospital has become an epicenter for state-of-the-art orthopedic care in Africa. However, our work is not done yet.

Read on to learn more about the FOCOS Story and our plans for the future.



**1950**  
BORN IN  
KUMASI, GHANA

ILLNESS  
AT AGE 6



**1971**  
MOVES  
TO AMERICA



**1976**  
GRADUATES  
FROM BROOKLYN  
COLLEGE



**1980**  
GRADUATES FROM  
COLUMBIA COLLEGE  
OF PHYSICIANS AND  
SURGEONS

**1995**  
INSPIRED BY  
VISIT BACK TO  
GHANA



**1998**  
INCORPORATES  
FOCOS

**2003**  
OPENS WATSON  
CLINIC



**2012**  
OPENS FOCOS  
ORTHOPEDIC HOSPITAL





**March 2013:**  
Dr. Boachie receives International Peace Award at Ahmadiyya Muslim Community's 10th National Peace Symposium



**June 2013:**  
Dr. Boachie receives Lifetime Achievement Award at Hospital for Special Surgery's 150th Anniversary Gala



**September 2013:**  
Scoliosis Research Society Annual Meeting: Bettye Wright receives Walter P. Blount Humanitarian Award and FOCOS surgeons and research associates nominated for Russell A. Hibbs Award for best clinical science paper



**November 2013:**  
FOCOS Team completes 35 surgical procedures in Ghana

**January 2014:**  
Small FOCOS Team assists local Ghana staff with 27 surgeries

**May 2013:**  
20 plus volunteers assist with 21 joint replacements and 26 spine surgeries in Ghana

**August 2013:**  
19 volunteers assist with more than 35 spine and joint procedures in Ghana

**May 2013:**  
Ashanti King, the most revered king in Ghana, attends 1<sup>st</sup> Annual FOCOS Open House



**June 2013:**  
FOCOS performs 3 surgeries at Barbados site

**August 2013:**  
Dr. Frank Cordasco, Sports Medicine Surgeon at HSS, performs first shoulder surgery at FOCOS Hospital



**September 2013:**  
Sixth Annual FOCOS Gala raises over \$1 million

**November 2013:**  
FOCOS performs 4 surgeries at Trinidad site




**February 2014:**  
Young Leaders of FOCOS event raises \$87,000





**242**  
In-Patient Visits



**3,884**  
Out-Patient Visits



**167**  
Complex Spine Surgeries



**54**  
Joint Replacement Surgeries



**46**  
Other Surgeries



**152**  
Employees in Ghana



**3**  
Employees in USA



**121**  
Volunteers in 2013-2014

**Name:** Jennifer Ayamga  
**From:** Naga, Ghana  
**Title:** Research Assistant  
**Years with FOCOS:** 4  
**Favorite Music Artist(s):**  
 Alan Jackson and Darlene Zschech

“I believe in the FOCOS mission. I enjoy making a positive impact on people’s lives and working with the best medical professionals from around the world.”



**Name:** Joseph Ogyaadu, MD  
**From:** Larteh, Ghana  
**Title:** Joint Surgeon  
**Years with FOCOS:** 10  
**Favorite Music Artist:** Rod Stewart

“FOCOS represents a community that encourages excellence and initiative. I identify with the ethos of doing what’s best for a patient irrespective of age, gender, religion, and financial status.”



**Board Spotlight**

Meet FOCOS founding member, Bettye Wright, PA RN.

Bettye was born in Platte City, Missouri. Diagnosed with idiopathic scoliosis as an adolescent, she was inspired to live a life helping those with the same diagnosis. After receiving her physician’s assistant (PA) license, Bettye went on to work for several renowned spine surgeons.

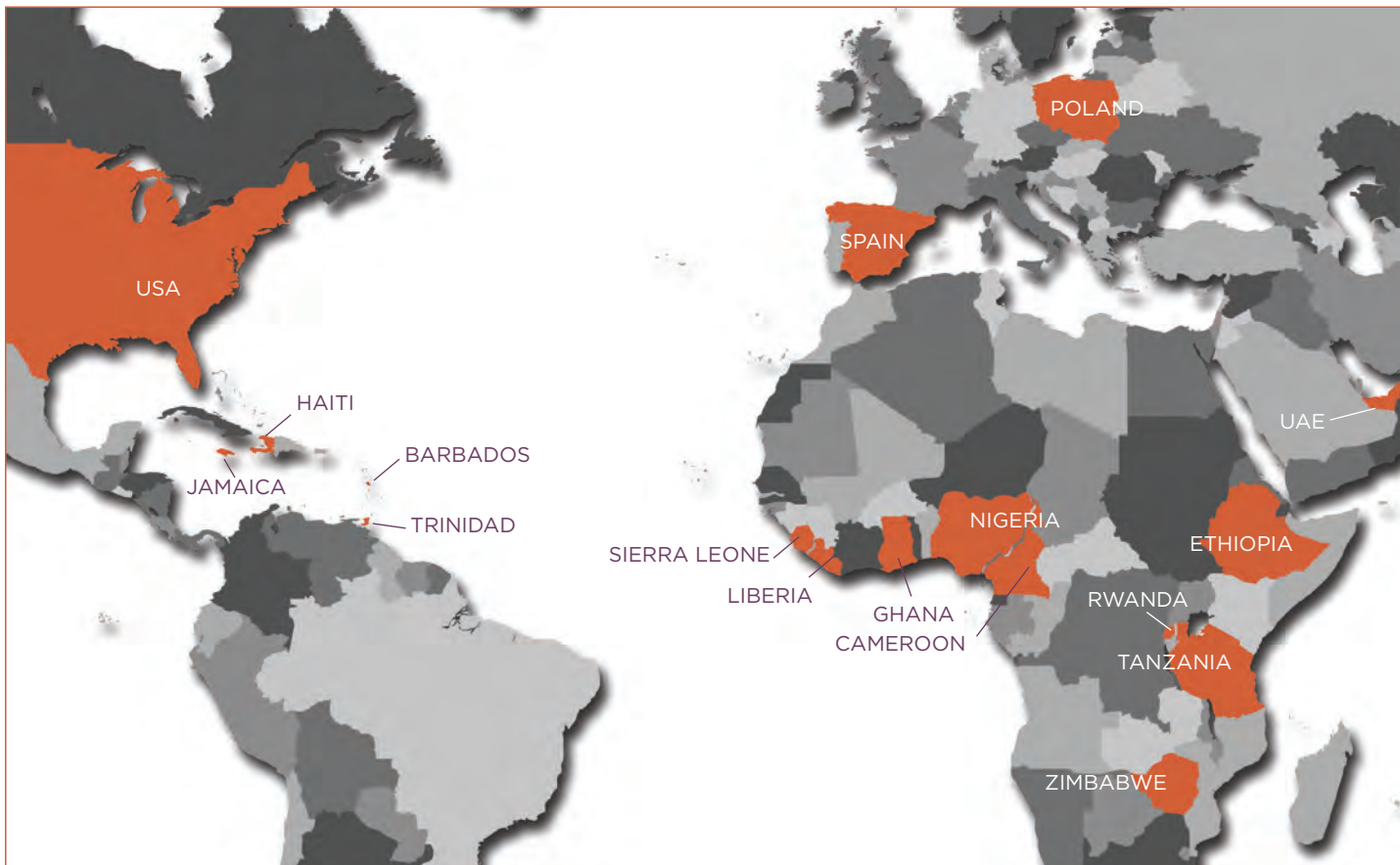
In 1998, Bettye travelled to Ghana and ran into Dr. Boachie at a party. She had known Dr. Boachie through the Scoliosis Research Society. Dr. Boachie was in Ghana for the first FOCOS surgical case and asked Bettye if she would assist. When they returned to the United States, Dr. Boachie invited Bettye to be a member of the FOCOS Team. From 1998 to 2007, Bettye participated in every FOCOS mission trip to Ghana.

After retiring in 2007, Bettye joined FOCOS full-time, spending most of the year in Accra, Ghana. From patient care to coordinating volunteer mission trips, Bettye is the caretaker of FOCOS. She is Dr. Boachie’s “eyes and ears in Ghana.” Her passion and dedication go unmatched. In addition to being the FOCOS Hospital Director of External Affairs, Bettye serves as a USA and Ghana Board Member, Medical Advisory Committee Chair, and JCAHO Accreditation Committee member.





Our patients come from all around the world to seek our expertise and care.



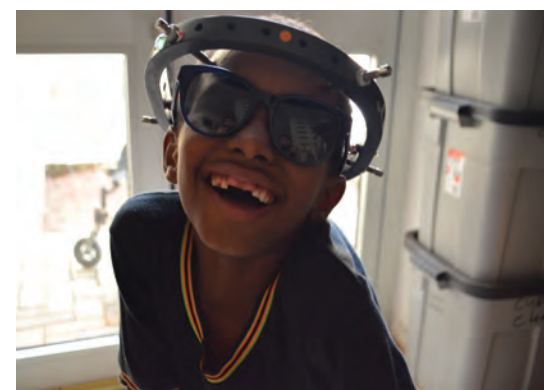
Meet Bahilu, an 8 year old boy from Ethiopia. Bahilu's spine was infected with tuberculosis. This caused a collapse in his spine, also known as kyphosis. When Bahilu came to the FOCOS Hospital, he had a 130 degree curve. He was placed in halo traction for five months to help stretch out his spine. In August 2013, Bahilu underwent complex surgery. He has now returned home to Ethiopia and is living a happy and healthy life.



Before



After



Before



After





# Professions by the Numbers



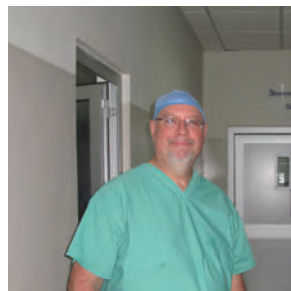
86

Doctors/Surgeons



44

Nurses



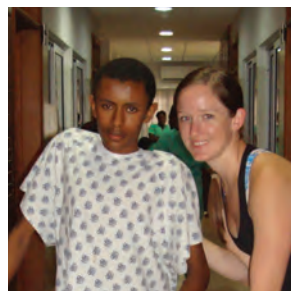
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Physician's Assistants



7

Scrub Techs



28

Physical Therapists



7

Orthotists



18

Research/Med Students



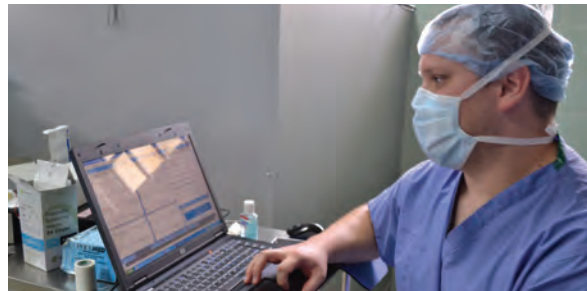
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Technical Support



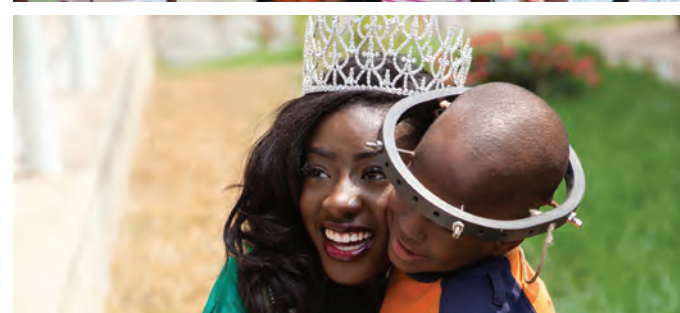
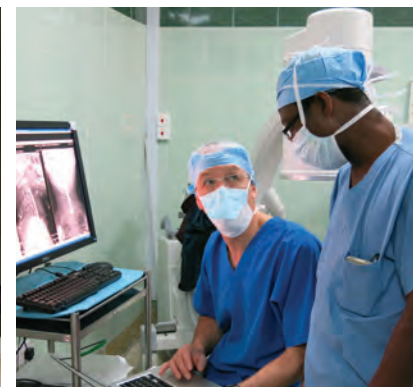
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Non-Medical



28

Neurophysiologists





Meet our New York Office Team. Every day, they work tirelessly to bring optimum care to our patients.



**Noël Soisson**  
Administrative Assistant

**From:** Pittsburgh, PA

**Years with FOCOS:** 1

**Why do you like working for FOCOS?** I like working for an organization that makes a real, tangible difference.

**What's your favorite lunch spot?** Chipotle!!

**What's one thing people don't know about you?** If I tell you, then people will know...

**If you could order one item for the office, what would it be?** A money tree, so we could fund all of our surgeries!



**Barbara Spiegler**  
Administrative Director

**From:** Bronx, NY

**Years with FOCOS:** 3

**Why do you like working for FOCOS?** I love the fact that my work directly impacts the lives of so many people, especially children.

**What's your favorite lunch spot?** Chipotle.

**What's one thing people don't know about you?** Unfortunately, I'm an open book!

**If you could order one item for the office, what would it be?** A real copy machine.



**Meghan Wood, M. Ed, MPA**  
Development Director

**From:** Stormville, NY

**Years with FOCOS:** 2

**Why do you like working for FOCOS?** To see patients go from helpless to hopeful is truly inspiring. We are changing lives.

**What's your favorite lunch spot?** Chipotle!

**What's one thing people don't know about you?** I was an All-State percussion player in high school.

**If you could order one item for the office, what would it be?** Is an underground tunnel to Ghana possible?

**Other Key Contributors**

Sarah Bloom   Laura Garrison   Akilah King   Alice Lew   Wing-Yee Mazza Ng, RN

**Oheneba Boachie-Adjei, MD, D. Sc**  
President and Founder, FOCOS

**Anna M. Boutzalis, CPA**  
Founder, AM Boutzalis CPA PC

**Jerry Callaghan**  
Former President, American Express

**Andrew Cohn**  
Director of Real Estate,  
Levine Investments LP

**Joseph Feinberg, MD**  
Physiatrist-in-Chief,  
Hospital for Special Surgery

**Rocco Iacoviello, ESQ**  
Partner, Mango and Iacoviello LLP

**Michael Mendelow, MD**  
Pediatric Orthopedic Surgeon,  
Shriners Hospitals for Children

**Lisa Opoku**  
Chief Operating Officer, Goldman Sachs,  
Securities Division in Asia Pacific

**Sam Owusu-Akayw**  
Former President and  
Chief Executive Officer, Osteotech Inc

**Joanne Ronson**  
Former Board Member, Alzheimer's  
Association, NYC Chapter

**Bettye Wright, RN PA**  
Director of External Affairs,  
FOCOS Orthopedic Hospital



**Board Spotlight**

Meet our newest USA Board Member, Lisa Opoku.

Lisa is the Chief Operating Officer for Goldman Sachs' Securities Division in Asia Pacific. Based in Hong Kong, the mother of two is one of the company's leading investment banking executives. She joined Goldman Sachs in 2004 as an attorney and became the COO for New York and London FICC Bank Loan Syndications and Trading businesses in 2005. She was named managing director 2006 and partner in 2012.

Lisa earned a BA degree in Sociology from the University of Minnesota and a JD degree from Harvard Law School. In 2012, Forbes listed her as one of the "20 Youngest Power Women in Africa." She was also named one of the "40 Rising Stars Under 40" by Black Enterprise magazine.

Lisa serves as the FOCOS Board Liaison for the Young Leaders of FOCOS.





SEPTEMBER 30, 2013  
583 PARK AVENUE

More than 350 guests joined us for a special evening honoring Mrs. Andrea Collins and Haemonetics Corporation. The event raised a record \$1 million in support of the FOCOS mission.







Young Friends of FOCOS (YFF) presents



**FAMILY BOWLING DAY**

**SATURDAY, JUNE 8 FROM 2-4 PM**  
Bowlmor Lanes - Times Square  
(222 W. 44th Street)







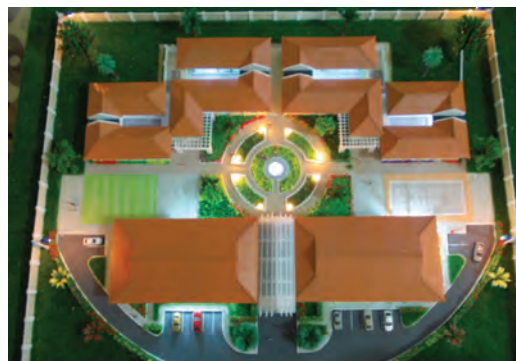
The FOCOS vision is to develop a sustainable infrastructure for state of the art orthopedic care and education.

### The FOCOS Institute: Orthopedic Training, Research, and Education

#### Realizing the Dream

The vision of the FOCOS Institute is to create a sustainable infrastructure of healthcare by providing world class orthopedic education and practical experience to physicians and surgeons, medical students, and allied health professionals. The facility will welcome the best and brightest talent, both from Africa and abroad, to engage in rigorous academic coursework and research while working alongside leading surgeons and medical professionals in advanced orthopedic specialties. The institution will strive to develop orthopedic specialists and allied orthopedic healthcare professionals and encourage them to practice medicine in West Africa and other underserved regions.

This project is the next phase of the FOCOS vision and will help make Ghana a hub for orthopedic training and research. The FOCOS Team has embarked on the \$5 million fundraising campaign that will include a conference center, research labs, medical library, administrative offices, housing units, and a children's ward.



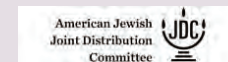
In 2014, FOCOS and the Hospital for Special Surgery (HSS) plan to form a humanitarian affiliation agreement. Through this formal collaboration, HSS will reaffirm its commitment to international outreach and to the FOCOS mission of providing high-quality orthopedic care in Ghana and neighboring countries.

Since FOCOS's inception in 1998, HSS has been an avid organization supporter. As a world leader in musculoskeletal medicine, the Hospital for Special Surgery serves as a model for the FOCOS Orthopedic Hospital in Ghana. HSS-FOCOS joint efforts will specifically target patient care, procurement, volunteerism, academics, and research.



#### Africa Surgery, Inc.

We have teamed up with nonprofit partner, Africa Surgery, Inc., since 2007 to send patients from Sierra Leone to Ghana. In the future, FOCOS is looking to establish an out-patient clinic to provide follow-up exams and minor surgical revisions.



#### American Jewish Joint Distribution Committee (AJJDC)

Dr. Rick Hodes and the AJJDC have sent hundreds of Ethiopian patients to FOCOS for life-saving surgery. Together, we are developing a bundle sponsorship program that will help reduce costs and save more lives.



#### Pack H2O

The FOCOS Orthopedic Hospital is now an official distributor of the Pack H2O, a life-changing alternative to buckets and jerry cans designed to carry water home. As the program grows, we hope to impact the lives of thousands of patients.





Elisabeth Harkins, a Curvy Girl from South Carolina, collected and donated 8 boxes of care kit supplies. For her efforts, Elisabeth was selected as a “Time to Care Award Winner” by her local news station.



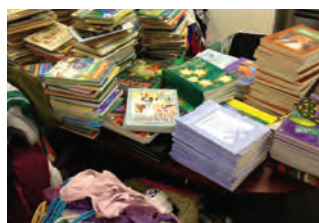
Led by teacher Becky Crossin, the 4th Grade Tigers of the Dream Charter School in Harlem conducted a care kit drive in their classroom.



Volunteer neurophysiologist, Dan Zuchelli, and his friend, Francis Burke, climbed Mount Kilimanjaro and raised over \$3,000 for FOCOS in their “Rising for a Reason” campaign.



The Russell Family from Great Falls, Virginia has been a devoted FOCOS supporter. In October 2013, they donated library books, clothing, school supplies, and workbooks for the children at the FOCOS Hospital.



**DONATE**

To make a gift, call 212.308.7731 or visit [www.orthofocos.org](http://www.orthofocos.org)



**COMPANY MATCH**

Ask if your employer will match your charitable gift.



**FUNDRAISE**

Host an event, participate in one, or encourage your friends to get involved. We love creative ways to support our cause.



**ATTEND AN EVENT**

We host several events throughout the year. Join us!



**VOLUNTEER**

Travel to Ghana or lend a hand in our New York office.



**SOCIALLY CONNECT**



ASSETS	2013	2012
<b>Current Assets:</b>		
Cash and cash equivalents	2,677,183	2,658,975
Investments, at fair market value	452,759	738,237
Accounts receivable	75,240	143,250
Pledges receivable	245,871	58,720
Prepaid expenses and other current assets	30,337	10,324
Total current assets	3,481,390	3,609,506
Equipment, net	38,294	40,975
Cash surrender value of life insurance	225,984	188,294
Security deposit	10,406	10,406
Total assets	<u>\$ 3,756,074</u>	<u>\$ 3,849,181</u>
<b>LIABILITIES AND NET ASSETS</b>		
<b>Current Liabilities:</b>		
Accounts payable and accrued expenses	64,833	106,125
Deferred revenue	1,000	-
Due to foreign affiliate	-	440,690
Total current liabilities	65,833	546,815
<b>Net Assets:</b>		
Unrestricted	3,602,422	3,200,978
Temporarily restricted	87,819	101,388
Total net assets	3,690,241	3,302,366
Total liabilities and net assets	<u>\$ 3,756,074</u>	<u>\$ 3,849,181</u>

SUPPORT AND REVENUE	Unrestricted	Temporarily Restricted	Total
Contributions- including donation-in-kind of \$415,775	2,398,954	20,190	2,419,144
Program service revenue	75,240		75,240
Donated services	7,721,920		7,721,920
Special events - net of direct expenses of \$203,573	885,936		885,936
Net assets released from restriction	33,759	(33,759)	-
Total support and revenue	11,115,809	(13,569)	11,102,240
<b>OPERATING EXPENSES</b>			
Program services	10,489,472		10,489,472
Management and general	137,084		137,084
Fundraising	91,841		91,841
Total operating expenses	10,718,397	-	10,718,397
Change in operating net assets	397,412	(13,569)	383,843
<b>NON-OPERATING INCOME/(EXPENSE)</b>			
Net investment income	4,032		4,032
Change in net assets	401,444	(13,569)	387,875
Net assets, January 1, 2013	3,200,978	101,388	3,302,366
Net assets, December 31, 2013	<u>\$ 3,602,422</u>	<u>\$87,819</u>	<u>\$ 3,690,241</u>



## CORPORATE SPONSORS



## FOCOS COMMITTEES

### Medical Advisory Committee

Bettye Wright, RN, PA, Chair  
 Lucia Fabrizio, CPNP  
 Charles Fisher, PT, MPT, MBA  
 Joy Howell, MD  
 Michael Mendelow, MD  
 Barbara Spiegler

### Procurement Committee

Wing-Yee Mazza Ng, RN, Chair  
 Joseph Ogyaadu, MD  
 Samuel Agyeman

### Gala Committee

Georgina Bloomberg, Honorary Chair  
 Joanne Ronson, Chair  
 Irene Agyilirah  
 Michael & Janelle Agyilirah  
 Kwadwo Boachie-Adjei  
 Rita Crotty  
 Joseph Feinberg, MD  
 Victoria Hufnagel, PA  
 Ashley Martin, PA

### Young Leaders of FOCOS

Sara Bloom, Co-Chair  
 Akilah King, Co-Chair  
 Grace Stieber, Co-Chair  
 Robert Ames  
 Yaw Boachie-Adjei, MD  
 Chad Jackson  
 Keenan Jeppesen, MBA  
 Sarah Metz, ONC, FNP  
 Samuel Nana-Sinkam  
 Kwabena Ofofu-Ware  
 Harry Paul  
 Maren Shapiro  
 Grace Sutherland  
 Caroline Weirich  
 Lisa Opoku, Board Liaison



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