



FOCOS
ANNUAL
REPORT
2 0 1 9

This Annual Report provides an overview of the work of FOCOS USA / FOCOS Orthopedic Hospital from January 2019 through December 2019.

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WHO WE ARE



VISION

To build a sustainable infrastructure for state-of-the-art orthopedic care and education.



MISSION

To provide access to optimum orthopedic care to improve the quality of life in Ghana and other countries.



A MESSAGE FROM OUR CEO

Dear FOCOS Family and Friends,

I trust this message reaches you in good health, considering the ravaging global pandemic. 2019 was a very good year for FOCOS in many respects and we are grateful for another year with many achievements. We had the highest number of outpatient visits, reaching 7,616. Our surgical tally, however, saw a slight drop compared to previous years. This was partly due to the reduction in the number of our foreign patients.

Major renovations at the theater block consisted of expanding the Central Supply Unit to accommodate the growing number of cases and to also bring the theater work flow in accordance with Joint Commission International standards. This project was made possible by the generous donation of Martin and Michele Cohen and Bloomberg Philanthropies.

Earlier in the year, we commissioned our newest MRI machine, made possible by a generous donation from the Ghana National Petroleum Corporation (GNPC) and the Wayne and Claire Heyland family.

We had a very successful annual Gala at the Kempinski Hotel in Accra, which was chaired by Sir Sam Jonah. Themed “Let’s Make a Difference Together”, the occasion saw 300 persons in attendance and the funds raised were able to support a number of children, who were in dire need of surgery for complex and disabling spinal deformities. Our heartfelt thanks go out to our major sponsors and donors who joined us for the august occasion. As part of our commitment to deliver optimum orthopedic care in Ghana and beyond, a 700KW/1 MW battery hybrid off grid Solar powered project was commissioned at FOCOS Orthopedic Hospital – the largest of its kind in Africa for a hospital.

In July 2019, the reigning Miss world, Ms. Vanessa Ponce de Leon paid a courtesy visit to the hospital to spend time with the children as part of the MissWorld foundation social interventions. On the academic front, FOCOS was represented by its President and his colleagues at the annual Scoliosis Research Society’s fall Meeting in Montreal. The SRS selected FOCOS as one of the international sites for its visiting fellows the month preceding the meeting, led by Past President George Thompson. Our first

sponsored mission trip was organized by 33 Spine, a USA based non-profit organization, that brought three (3) surgeons and their lead person to FOCOS. Supported by a grant of \$40,000, the group assisted three (3) patients in receiving much needed spine surgery.

Early in the year, we ushered in the FOCOS-Ghana College of Physicians and Surgeon Spine fellowship program at the hospital and Dr. Arthur Sackeyfio was selected as the first spine fellow. In line with our outreach mission, two medical mission trips were made to Ethiopia and Sierra Leone by the FOCOS team. Our partnership with AJJDC and ASI in these two countries have made it possible to continue our post-surgical review of patients that we have treated from these countries.

A major highlight of the year was attending the Fall FOCOS USA gala in New York City, which was graced by the President of Ghana, H.E. Nana Akufo-Addo. The President, who was the guest of honor, received the FOCOS humanitarian award on behalf of the republic of Ghana for the government’s support of FOCOS. The year was also crowned with a surprise visit by a contingent from the Bank of Ghana and the CRANE Foundation, as part of their corporate social responsibility efforts to aid in the delivery of high quality healthcare to Ghanaians, an aspiration FOCOS upholds, and is very grateful to these entities for their ongoing support.

FOCOS is grateful to our benefactors and supporters who have believed in our cause to make a difference in the lives of all individuals in Ghana and beyond. We fervently believe we shall overcome this pandemic and continue to press on to reach our highest standards.

Thank you and stay healthy,

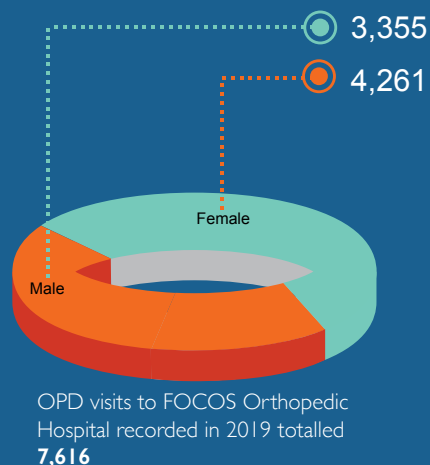
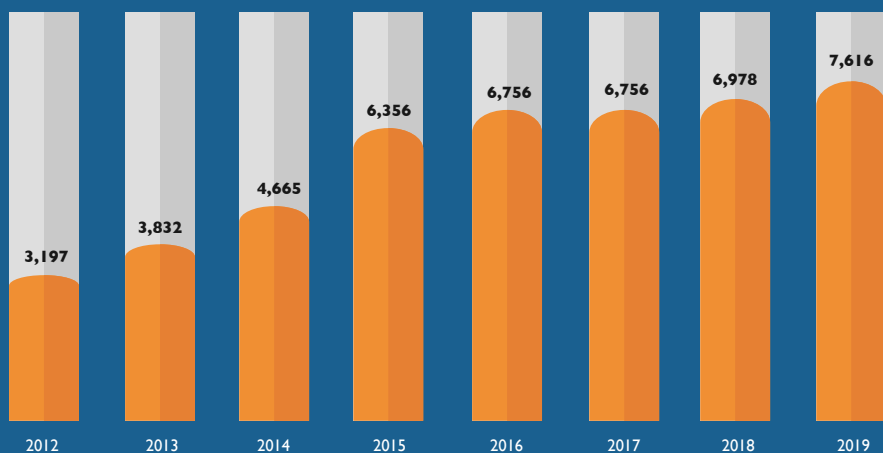
Prof. Oheneba Boachie-Adjei



Founder & CEO

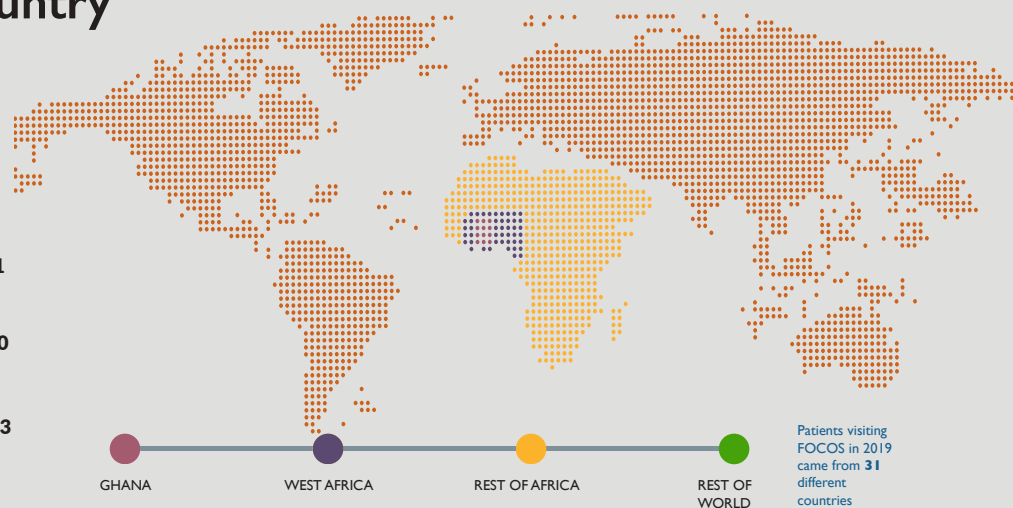
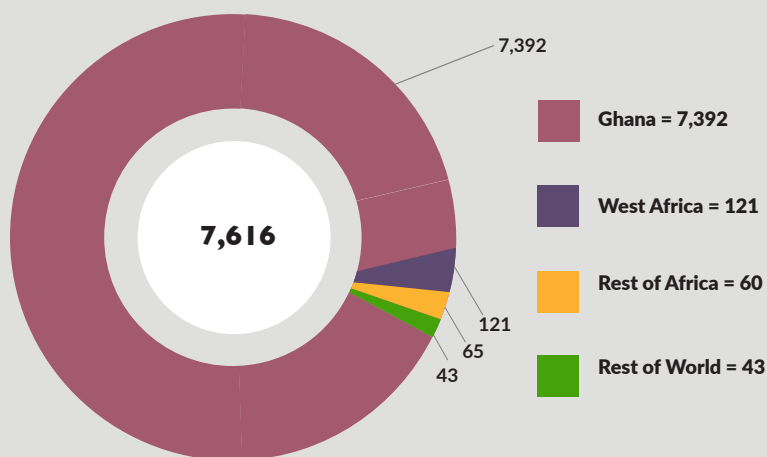
2019 in FOCOS

PATIENT VISITS (2012-2019)

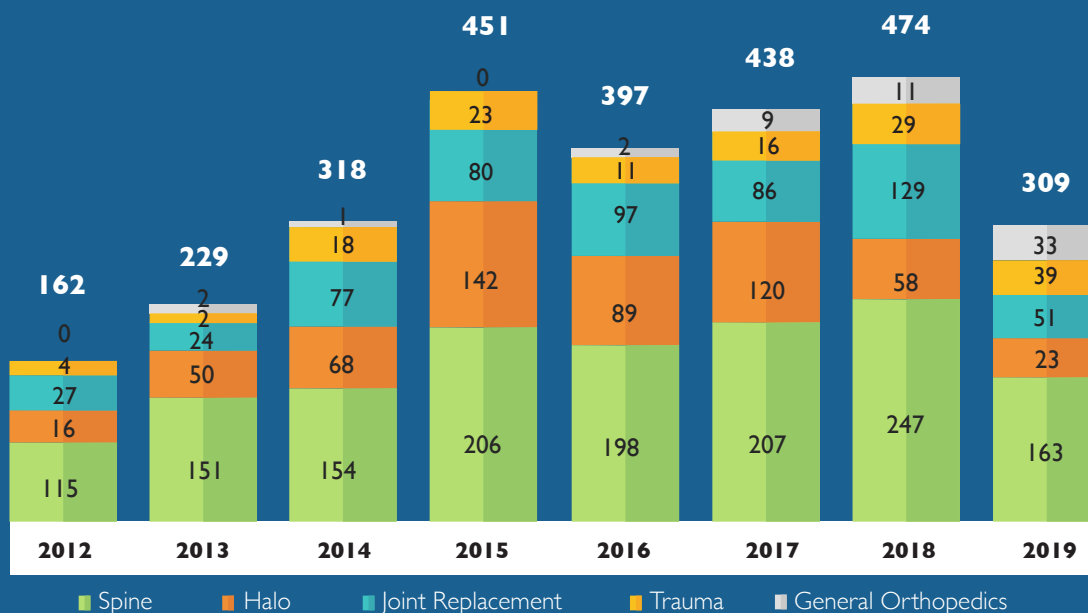


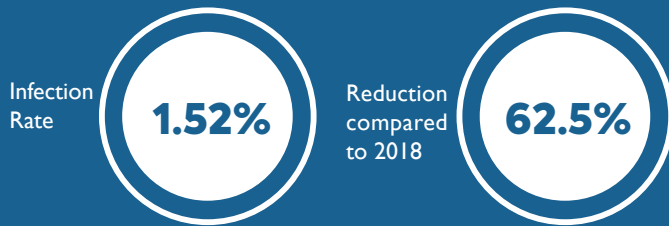
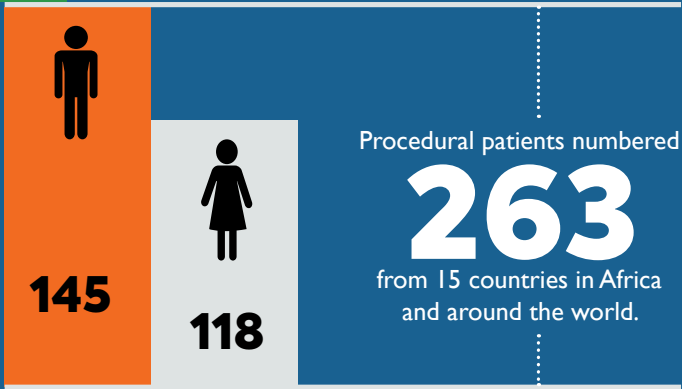
This demonstrates a **48%** Rise in patient visits to the Hospital over the past five (5)

Patient Visit by Country



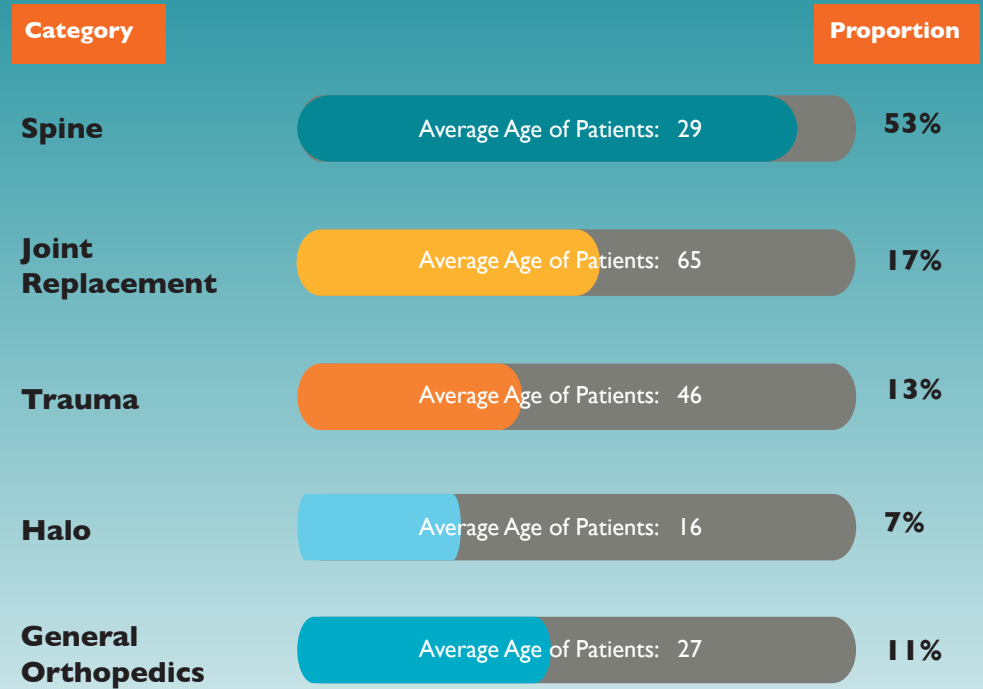
TOTAL PROCEDURES BY TYPE (2012-2019)





Note: Infection Rate refers to the proportion of abnormal findings in a patient's surgical wound within the first six weeks before s/he is discharged from the hospital, representing infection complications for the surgical procedure that patients had.

Summary of procedures undertaken in 2019



Patient Sponsorship

52%

of patients received financial support from FOCOS



85 more patients requested for sponsorship in 2019 requiring a total of

\$905,358

to undergo surgery

Patients Success Stories

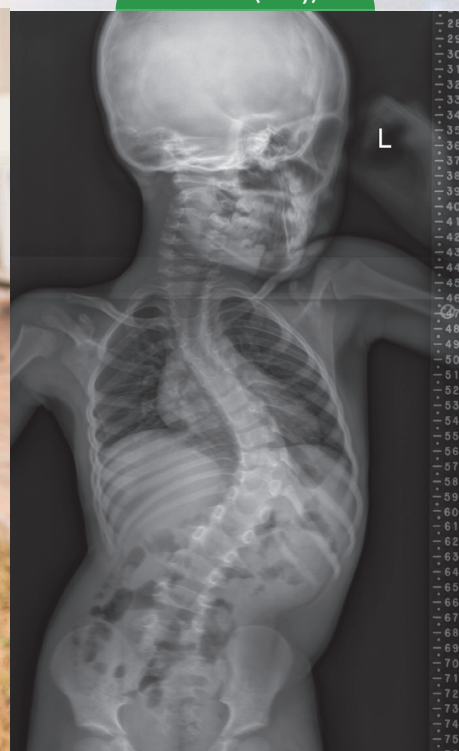
Pre OP



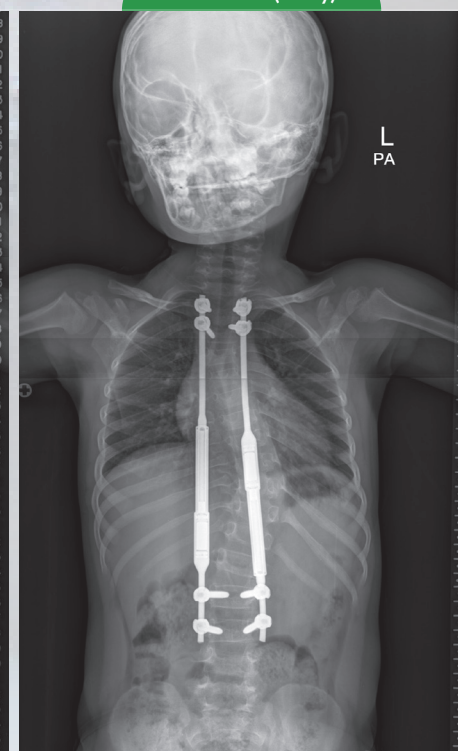
Post OP



Pre OP - (X-ray)



Post OP - (X-ray)



■ Desmond's Renewed Sense of Hope and Joy

Seven-year-old Desmond Afagbedzi first reported feeling back pain in 2015 when he was just three years old. The constant pain resulted in several sleepless nights for little Desmond, compelling his parents to pay a visit to a hospital in Dzodze in the Volta Region. Suspecting a complex spinal deformity, the hospital consequently referred Desmond to the Korle Bu Teaching Hospital, where he was eventually referred to FOCOS Orthopedic Hospital in August 2019. Raising an amount of \$11,800 for Desmond's treatment was an impossible reality for his underprivileged parents. However, through charitable donations from a sponsor, Desmond was able to undergo a very successful surgical operation on November 20, 2019. He has since gone on to recover without complications.

“ Raising an amount of \$11,800 for Desmond's treatment was an impossible reality for his underprivileged parents. ”

Pre OP



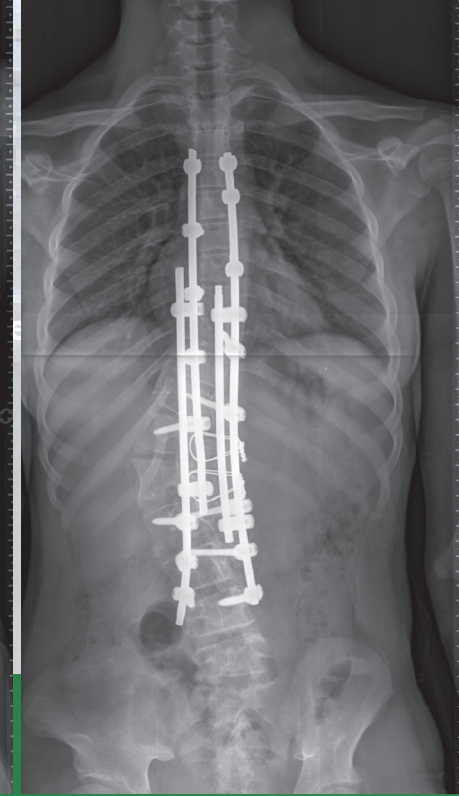
Post OP



Pre OP - (X-ray)



Post OP - (X-ray)



■ Josephine's Transformation

December 10, 2019 will forever remain a remarkable day in the life of 14-year old Junior High School student, Josephine Ayekor. Josephine's dream of becoming a beautician suffered a serious setback in 2018, when she was diagnosed with severe scoliosis. Josephine's family decided to seek help only after the condition had deteriorated considerably. She said that it was "impossible to become a hairstylist or make-up artist" with the kind of pain she felt, and she was unable to stand for long periods of time. In the rural community where she lived, the population generally had very little understanding of spinal maladies. As a result, Josephine and her family suffered extreme stigma, as she was considered a person of reproach that the family needed to get rid of.

Financial conditions hindered the possibility of her relatives raising \$12,800 required for Josephine's corrective surgery. With support from our donors and partners, Josephine received sponsorship and underwent a successful spinal reconstruction. A few weeks after her discharge, Josephine expressed her immense gratitude to FOCOS and its partners saying "I enjoyed healthy meals from the hospital dietary unit, and had good physiotherapy sessions which contributed immensely to my recovery. I feel very privileged to have had my life-saving surgery at FOCOS, and I have vowed to tell my story wherever I go. Long Live FOCOS!"

“I feel very privileged to have had my life-saving surgery at FOCOS, and I have vowed to tell my story wherever I go. 🙏🙏”

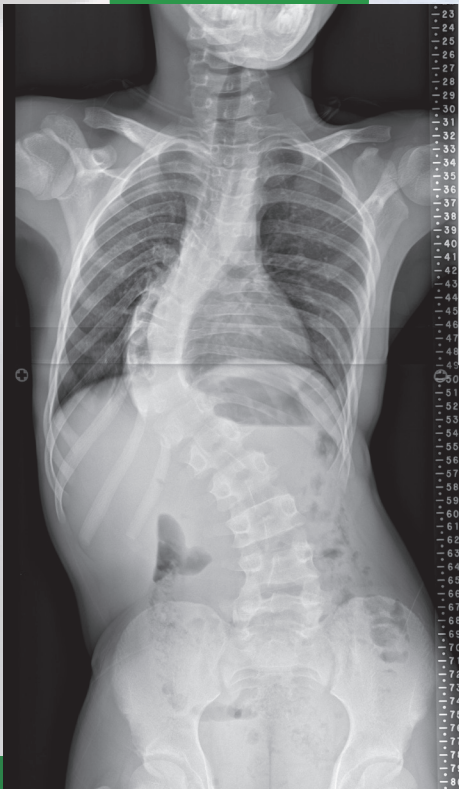
Pre OP



Post OP



Pre OP - (X-ray)



Post OP - (X-ray)



■ Aboagye's Transformation

He was not born with scoliosis; however, shortness of breath and severe pain all over the body suddenly became all 14-year-old Egbert Aboagye ever experienced from the age of 10. The second of three children born to poverty-stricken parents in the Eastern Region of Ghana, he always dreamt of becoming a footballer. Egbert was referred to FOCOS on July 6, 2018, and discovered he needed \$13,300 to undergo corrective procedures. His parents beseeched FOCOS for help, and through the generosity of donors, Egbert was able to receive surgery on the morning of December 11, 2019. Post-surgery physiotherapy sessions were very effective, and quickened Egbert's recovery. In his words, "FOCOS is the best in orthopedic care in Africa".

“...through the generosity of donors, Egbert was able to receive surgery on the morning of December 11, 2019.”

Sponsorship Request



Ambrose is an intelligent 6-year-old boy who lives with his single mom and brother. Though he dreams of becoming a pilot in future, he has been unable to walk or stand properly since the age of one. At the age of 4, after visiting several hospitals, he could barely stand even with the support of a walker. Ambrose was referred to FOCOS in January of 2019 and was diagnosed with Skeletal Dysplasia, a genetic disorder that affects the bones and joints in his legs and elbows, leaving him unable to walk or use his hands properly. This is further compounded by feelings of anxiety and lack of social acceptance that he experiences on a regular basis.

Ambrose requires **\$10,000** to undergo surgery at FOCOS. His mother, a low-income earning hairdresser, has hinted that her husband abandoned their home because of the condition of their child. So much more needs to be done to impact the life of Ambrose, and many like him, to give them a chance to stand tall and explore their lifelong dreams and potentials. Let's work together to sustain the FOCOS mission by helping Ambrose and other children suffering from orthopedic maladies.



DONATE

Partner With Us To Help!

TEL: +1 (212) 308-7730

<https://focos.focoshospital.org/donate-now>

E: info@focosus.org

377 Oak Street, Suite 407

Garden City, NY 11530

+233 (0)59-692-0901

<https://focoshospital.org/donate-now>

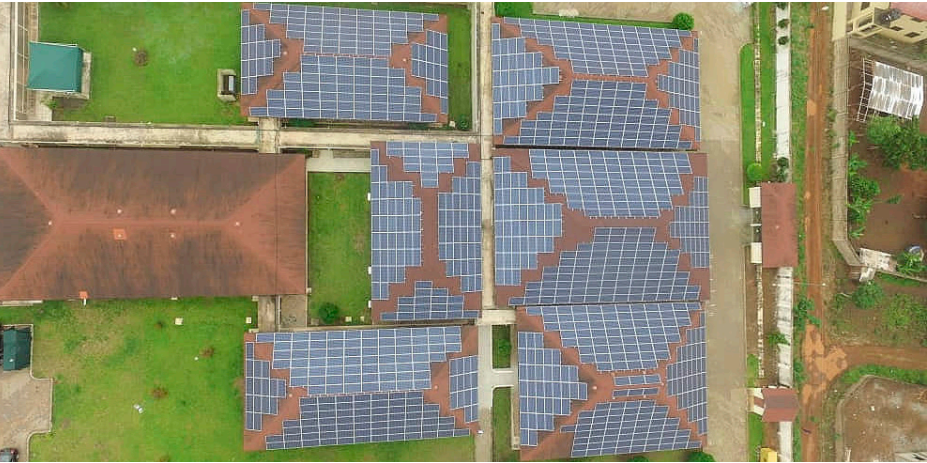
E: info@focosgh.com

No. 8 Teshie Street, Pantang, Accra.

P. O. Box KD 779, Kanda – Accra, Ghana

Our Impact In 2019

■ Completion of Solar Project



FOCOS' commitment to bringing relief to patients, suffering from various orthopedic disorders, through reconstruction of spine deformities has been given a major boost with the completion of the Hospital's 700kwh Hybrid Solar Power Project, funded by Wayne and Claire Heyland, and the Ghana National Petroleum Corporation (GNPC). FOCOS, in FY19 became the first private health facility in Ghana with a self-sufficient, installed electric power system independent from the national grid. The project is considered the largest in Africa for a private healthcare institution. The key benefits accrued so far include:

I. Hospital assured of long-term uninterrupted power supply which is necessary for the critical surgical procedures undertaken.

II. 51% reduction in hospital's energy overhead costs (nearly \$100,000 saved) due to decreased electricity bills.

III. Utilization of renewable energy source by which the hospital contributes to building a more sustainable environment non-dependent on fossil fuel standby generators that can generate harmful CO2 methane gases that lower the quality of air within the hospital environment.



■ MRI Service



To improve the quality of diagnostic testing and medical care services provided, FOCOS launched its MRI service in March 2019. The Magnetic Resonance Imaging equipment which was acquired through the kind support of Claire and Wayne Heyland of the USA and the Ghana National Petroleum Commission, has enabled the hospital to utilize its high-tech test, which is key to diagnosing and treating many health conditions that would otherwise remain hidden. Its capacity to render 3D images provides a level of precision that has allowed FOCOS surgeons to gather accurate information necessary in diagnosing and treating various musculoskeletal conditions.

Within the year under review, the MRI radiological services generated an income of nearly \$123,000 providing an additional boost to the hospital's overall financial performance.



Conferences and Publications

FOCOS participated in the Scoliosis Research Society (SRS) annual conference in September 2019 in Montreal, Canada. This was after Travelling Fellows of the SRS were hosted by FOCOS in August 2019. At the annual meeting, FOCOS Orthopedic and Spine researchers presented four papers and engaged with researchers from several other institutions across the world. The following papers were presented:

- New Neurologic Deficit and Recovery rates in treatment of Complex Pediatric Spine Deformities exceeding 100 degrees or treated by 3CO – Presented by Prof. O. Boachie-Adjei
- Effects of Post-operative complications in complex pediatric spine deformity on SRS score: Does complication adversely affect quality of life of patients? – By Dr. Kwadwo Poku Yankey
- Does Thoracoplasty adversely affect long term Lung Function in Complex Pediatric Spine Deformity? – By Dr. Arthur Sackeyfio
- Clinical and Radiographic Outcomes in Patients with Severe and Rigid Kyphoscoliosis (>100 degrees) treated without a 3 - Column Osteotomy (3CO) – By Dr. Kofi Karikari

To advance research-evidence and the body of knowledge in the practice of orthopedic and spine medical specialties, three (3) papers were published by FOCOS in 2019 under the following citations:

- Iyer S, Duah HO, Wulff I, Tutu HO, Mahmud R, Yankey KP, Akoto H, Boachie-Adjei O. The use of halo gravity traction in the treatment of severe early onset spinal deformity. *Spine*. 2019 Jul 15;44(14):E841-5.
- Iyer S, Boachie-Adjei O, Duah HO, Yankey KP, Mahmud R, Wulff I, Tutu HO, Akoto H. Halo gravity traction can mitigate preoperative risk factors and early surgical complications in complex spine deformity. *Spine*. 2019 May 1;44(9):629-36.
- Karikari IO, Pang H, Yankey KP, Duah HO, Akoto H, Hodes R, Boachie-Adjei O, FOCOS Spine Research Group. A novel radiographic classification of severe spinal curvatures exceeding 100: the Omega (Ω), gamma (γ) and alpha (α) deformities. *European Spine Journal*. 2019 Jun 1;28(6):1265-76.



Employee Spotlight



Dr. Irene Wulff
Medical Director

Dr. Wulff is currently the Medical Director of FOCOS Orthopedic Hospital. With over fifteen years' experience practicing Anesthesia, she has trained and mentored several Anesthesiologists in Ghana. Dr. Wulff is currently the Chief of Anesthesia at the FOCOS Orthopedic Hospital in Ghana. She is a product of Achimota School in Accra Ghana and graduated from the University of Ghana Medical School in 1997. She went on to receive a diploma in anesthesia in 2001. She completed her residency in anesthesia at the Korle-bu Teaching Hospital and became a fellow of the West African College of Surgeons in 2006.

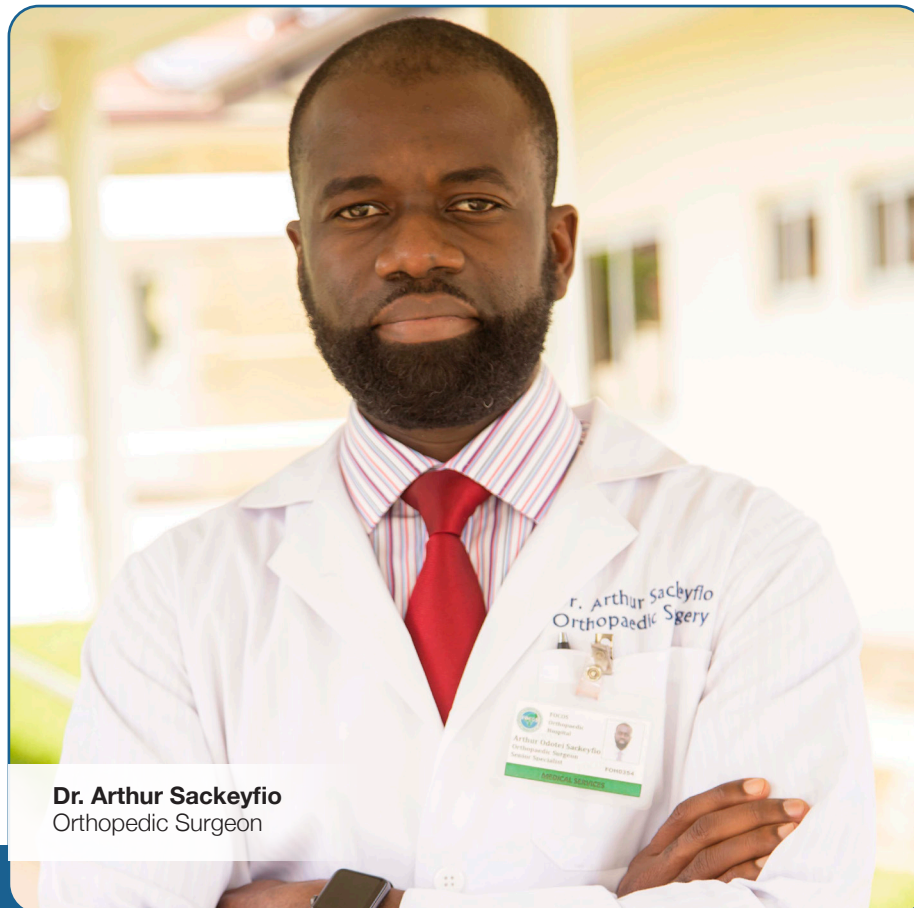
Dr. Wulff worked in the Department of Anesthesia of the Korle-bu Teaching Hospital for 18 years. During these years, she was one of the most vibrant and dynamic consultants in the hospital and participated in many high level and risky surgeries including renal transplants, liver resections, adrenalectomies and brachytherapy for Cancer of the Prostate.

At Korle Bu, Dr. Wulff was in charge of anesthesia for neurosurgery and played a key role in the management of complex adult and pediatric neurosurgical cases including complex spine surgeries, craniotomies (including awake craniotomies.). She was also actively involved in the care of patients in the Intensive Care Unit (ICU) and was the in-charge physician of the ICU for a two-year period. As a member of the ICU committee she prepared and supervised the implementation of protocols for patient management and critical anesthetic incidents.

Dr. Wulff became involved in the FOCOS surgical program at the Korle Bu teaching hospital 2008 and was in charge of organizing anesthesia for surgeries. As the chief of anesthesia since joining the full-time faculty of the FOCOS hospital in 2014, she has continued to play the role of organizing anesthesia for surgeries, managing the ICU, as well as the perioperative services in the hospital. This has included the detailed preoperative preparation, complex intraoperative management and the postoperative care of these patients, many of whom require intensive care. To date, she has been responsible for the perioperative care of over 1,000 complex spine and orthopedic procedures.

Dr. Wulff is considered the most experienced in the nation and perhaps in the West African sub-region in the administration of Total Intravenous Anesthesia (TIVA) for intraoperative neuro-monitoring in major spine deformity reconstruction.

Her interests are intensive care, blood conservation, post-operative pain management and resident education and training.



Dr. Arthur Sackeyfio
Orthopedic Surgeon

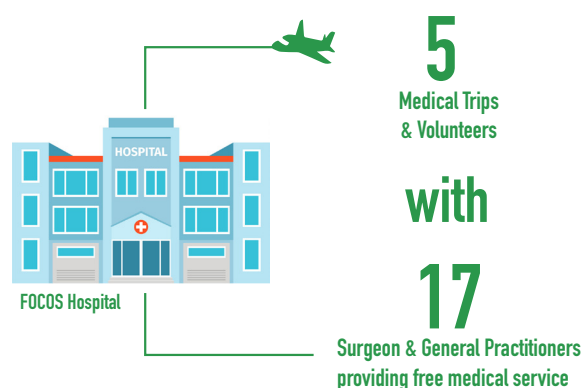
Dr. Arthur Sackeyfio is an Orthopedic Surgeon and a Fellow of the West African College of Surgeons with exceptional patient care and outcomes. Dr. Sackeyfio is the first Spine Fellow of the FOCOS - Ghana College of Physicians and Surgeons Fellowship Program. He obtained his MBCh.B from the School of Medical Sciences, Kwame Nkrumah University of Science and Technology in 2007 and proceeded to do his Residency and Fellowship training at the Korle-Bu Teaching Hospital in Ghana, with both the Ghana College of Physicians and Surgeons, and the West African College of Surgeons.

During his residency training, his passionate desire for excellent patient care earned him the Best Workers' Award of the Trauma and Orthopedics Division of the Department of Surgery at the Korle-Bu Teaching Hospital for the year 2015. He also served as the Deputy Chief Resident of the Department of Surgery.

He is currently a Senior Specialist (Orthopedics) at FOCOS Hospital, and is involved in research work in Spine Deformity Surgery and also serves as the Hospital's Medical Information Officer. Over his years of practice, he has given presentations in both local and international conferences, with emphasis on surgical outcomes in his field of practice.

Aside from his surgical practice, Dr. Sackeyfio is an active sportsman who enjoys soccer, swimming and fitness programs. He also directs music and volunteers in community health service and advocacy campaigns.

Medical Missions



- A total of four main medical missions were conducted by FOCOS to Sierra Leone and Ethiopia, providing care to 372 pre-op patients, and 302 post-op patients in those countries: Sierra Leone [21 - 28 March; 08 - 12 August] Ethiopia [03-10 March; 03 - 08 September]
- Inbound trips by medical fellows and volunteers to FOCOS totaled 5, involving 17 Surgeons and General Practitioners. These trips provided healthcare personnel the opportunity to conduct research and expand learning, while providing free medical services to patients at the hospital.

Financial Highlights

Statment Of Financial Position As Of December 31, 2019 And 2018

	2019	2018
ASSETS		
Cash and cash equivalents	\$ 201,642	\$ 118,093
Investments	134,444	262,273
Contributions receivable, net	229,390	129,920
Cash surrender value of life insurance	310,818	314,952
Security deposits	-	2,580
Furniture and equipment, net	1,069	2,190
Total assets	\$ 877,363	\$ 830,008
LIABILITIES AND NET ASSETS		
LIABILITIES:		
Accounts payable and accrued expenses	\$ 43,756	\$ 50,468
Total liabilities	43,756	50,468
NET ASSETS:		
Without donor restrictions	439,957	236,341
With donor restrictions	393,650	543,199
Total net assets	833,607	779,540
Total liabilities and net assets	\$ 877,363	\$ 830,008

Statement Of Activities And Changes In Net Assets For The Years Ended December 31, 2019 And 2018

	2019			2018		
	Without Donor Restrictions	With Donor Restrictions	Total	Without Donor Restrictions	With Donor Restrictions	Total
OPERATING REVENUES:						
Contributions	\$ 269,070	\$ 1,136,557	\$ 1,405,627	\$ 340,992	\$ 1,901,485	\$ 2,242,477
Donated materials	1,779,834	-	1,779,834	347,860	-	347,860
Special events, net	551,069	-	551,069	179,177	-	179,177
Other income	-	-	-	20,248	-	20,248
Net assets released from restrictions	1,286,106	(1,286,106)	-	1,969,470	(1,969,470)	-
Total operating revenues	3,886,079	(149,549)	3,736,530	2,857,747	(67,985)	2,789,762
OPERATING EXPENSES:						
Program services	3,232,149	-	3,232,149	2,620,938	-	2,620,938
Administration	207,315	-	207,315	319,122	-	319,122
Fundraising	247,588	-	247,588	211,740	-	211,740
Total operating expenses	3,687,052	-	3,687,052	3,151,800	-	3,151,800
INCREASE (DECREASE) IN NET ASSETS FROM OPERATING ACTIVITIES	199,027	(149,549)	49,478	(294,053)	(67,985)	(362,038)
NONOPERATING ACTIVITIES:						
Investment income, net	3,756	-	3,756	2,446	-	2,446
Unrealized gain on investments	833	-	833	3,882	-	3,882
Transfer of asset to FOCOS Ghana	-	-	-	(4,057)	-	(4,057)
INCREASE IN NET ASSETS FROM NONOPERATING ACTIVITIES	4,589	-	4,589	2,271	-	2,271
CHANGE IN NET ASSETS	203,616	(149,549)	54,067	(291,782)	(67,985)	(359,767)
NET ASSETS, BEGINNING OF YEAR	236,341	543,199	779,540	528,123	611,184	1,139,307
NET ASSETS, END OF YEAR	\$ 439,957	\$ 393,650	\$ 833,607	\$ 236,341	\$ 543,199	\$ 779,540

*This financial statement pertains only to FOCOS USA

Auditor: NawrockiSmith LLP

Vision 2020

- Create and intensify orthopedic awareness among the public.
- Launch Endowment Fund toward achieving long-term sustainable health financing for underprivileged patients, especially children.
- Expand hospital infrastructure and invest in healthcare equipment (CT Scan, Ultrasound etc.).
- Pursue and activate Medical Tourism initiatives by engaging more doctors to visit and volunteer at FOCOS Hospital.
- Be more intentional about quality assurance by aligning internal operating procedures with global best practices.
- Broaden fundraising strategies and networks to generate increased revenue for patient sponsorship and hospital administration.
- Continue to engage and deploy a workforce of the highest caliber in all sectors of hospital operations to drive quality healthcare and brand awareness.

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<https://focosgh.com>
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 No. 8 Teshie Street, Pantang, Accra.
 P. O. Box KD 779, Kanda – Accra, Ghana

Board of Directors

FOCOS USA Foundation Board of Directors



Prof. Oheneba Boachie-Adjei, MD
Founder and President
FOCOS



Kwadwo Boachie-Adjei
Board Chairman
Founder & CEO
Regen Health Solutions



Peter Akwaboah
Board Vice Chair
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Edward Baiden
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General Manager &
Global Director – PPG
Industries



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Board Secretary
COO – Harlem
Children's Zone



John Westfall-Kwong
Board Development Chair
COO - SWK Real Estate
Group of Keller Williams



Yaw Asamoah
Past Board Chair
Managing Director
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Chase



Mary Anne Choo
Managing Director
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Andrew Cohn
Director, Real Estate –
Levine Investments



Michael (Mike) Connor
Partner
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Asst. Professor & Asst
Attending Psychiatrist
– Hospital for Special
Surgery (HSS)



Han Jo Kim, MD
Associate Professor &
Spine
Fellowship Director
Hospital for Special
Surgery



Eric Major
Chairman, President
Stryker Spine Division



Beatrice Mensah Tayui
CEO - Cybele Energy,
Inc.

FOCOS Hospital Board of Directors



Ambassador Fritz Kwabena Poku
Board Chairman
Retired Career Diplomat



Roland Akosah
Founder & CEO, Eno
International LLC



Frank Adu
Managing Director
CAL Bank



Samuel Owusu-Akyaw
CEO
Atrium Group



Inna Patty
CEO
Miss Ghana Foundation



Nathaniel Tabariyeng
Partner Tabariyeng &
Associates

Serve on both US and Ghana Boards
(overlap to ensure alignment in strategy)

Gallery – 2019 in FOCOS



MRI Service in action



Miss World Foundation visit to FOCOS



SVANI Motors donation of bus by Thomas Svanika

Jan 28, 2019

July 8, 2019

July 15, 2019



Completion of Solar Project



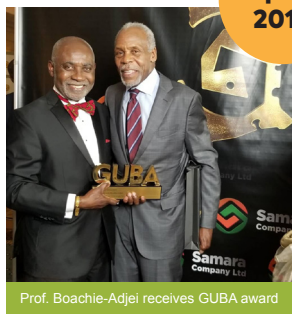
Medical Trips

March 5, 2019



FOCOS hosts 2019 Scoliosis Research Society Fellows

Sep. 16, 2019



Prof. Boachie-Adjei receives GUBA award

Sep. 26, 2019



President of Ghana honoured with the FOCOS Humanitarian Award in New York

Sep. 30, 2019

Nov. 29, 2019



FOCOS Orthopedic Hospital awarded by the Civil Society Groups for Good Governance (CSGGG)

Nov./Dec. 2019



AJ Johnson paid a visit to FOCOS Hospital

Key Moments at New York Gala



Key Moments at Ghana Gala



PARTNERS/DONORS

GHANA

Abishai Mingle
 Achimota Old Students Assoc
 Alan Kyerematen
 Alexander Osei Mensah
 Alhassan Andani
 Baah Nuakoh Kwame
 Bloomberg
 Brice Houeto (Dangote)
 Codams Co. Ltd
 Darasalam Group Limited
 David Kelvin & Annie Gervalice
 Dr. Kwadwo Poku Yankey
 Dr. Miriam Greenberg
 Edith Nkrumah
 Elsie Addo Awadzi

Evelyn Boye
 Fritz Opoku
 Henry Holbrook-Smith
 James Kwoku Ahiadome
 Joe Kofi Mensah
 John Lawrence Chemist Limited
 Joshua Laari
 Kel Investments Ltd.
 Kofi Bosompem
 Kwame Acheampong Kyei
 Lisa Opoku
 Maxwell Kofi Jumah
 Maxwell Owusu
 Mensah Barbara Serwah
 Payswitch Company Limited

Peter Osei Dua
 Philip Ayesu
 Prof. Oheneba Boachie Adjei
 Roland Akosah
 Sam Owusu Akyaw
 Samuel Akobour Debrah
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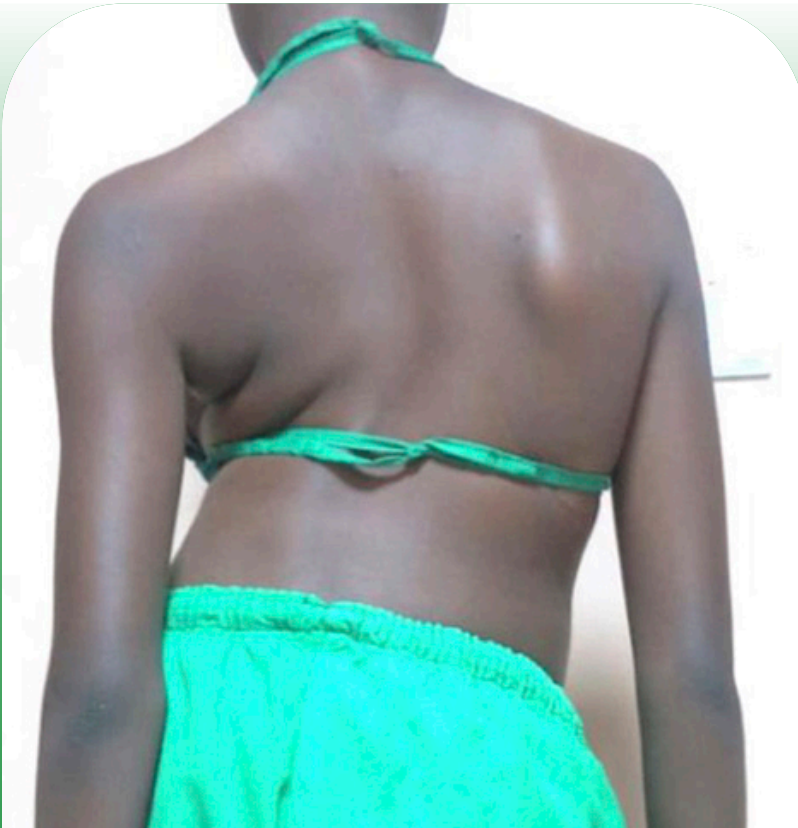
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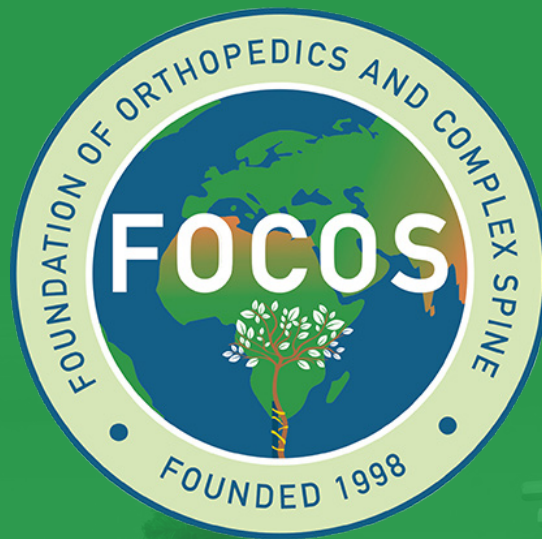
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